



# Manx Telecom Parish Walk 2024

Saturday 22nd & Sunday 23rd June



## Get the most out of your Manx Telecom Parish Walk!

### How to view your shots from the big day

Throughout the course of the 2024 Parish Walk, a team of official volunteer photographers will be taking pictures of you around the course. Your personal images will be identified using bib number detection, and also via facial recognition.

Head to [manxtelecom.com/photohawk](https://manxtelecom.com/photohawk) to subscribe.

When subscribing, enter your name, email address, bib number, and upload a selfie to assist with the facial recognition. This will save having to scroll through photos trying to spot yourself!

Once the event is complete and photos have been uploaded, you will be able to view the photos you feature in through the above link. If you do not wish to sign up to the Photohawk service, you will still be able to view all images at [manxtelecom.com/parishwalk](https://manxtelecom.com/parishwalk).

### Share your updates to social media before, during and after the event using #MTPW24

Document your Parish Walk experience using the hashtag **#MTPW24** when you're sharing updates, images and videos.

Whether you're a spectator or a competitor, we'll share our favourites on our Instagram page [@theparishwalk](https://www.instagram.com/theparishwalk)!

# A Welcome from the Race Director

Welcome to the 2024 Manx Telecom Parish Walk. This year's entry has held up well and we have 1233 walkers coming to the line all with great expectations. As always, the challenge remains the same, finishers must cover 85 miles, visit 17 parish churches and return to Douglas Promenade before the 24-hour deadline. It is a true test of endurance and mental strength for those who finish the full course, we had 133 finishers in 2023. However, every walker can set their own target of one of the intermediary churches and all who achieve their target are winners in their own right.

We have both the Men's and Ladies winners from last year entered with first time victor Dean Morgan wearing the coveted number one bib as top seed. The defending Ladies champion from 2023 Lorna Gleave is hoping for a successive win and she wears number 11. All previous full distance finishers are seeded 1 to 222. Look out for a walker at the front end of the race wearing a high number as he / she may be the best first-time finisher and in line to win the Millennium Shield for the best local newcomer.

The Manx Harriers continues to enjoy the backing from Manx Telecom as the main sponsor of the Parish Walk. Manx Telecom, now in their 13th year as the headline sponsor, has shown tremendous support for the event and this has allowed us to continually improve the Parish Walk experience year on year. We are grateful for their steadfast support.

You will be able to find the route, all check-in points, feed stations, road restrictions and toilets etc, everything you need to plan your Parish Walk on our mobile phone app. All the information required to follow the event is downloadable via the QR Code available in the programme or URL <https://route.parishwalk.com/>

IFGL is helping the event become more "green" as our Sustainability Partner and MannMade Group is providing a reusable Speed Cup to every competitor so that we may eliminate single use plastics. Colebourns kindly supplied plasma screens at registration

for relaying information to entrants. Up and Running has kindly helped with the prizes. Our feed station sponsors are 3FM, Barclays Bank, IFGL, Zedra, Simcocks, Hospice, Great North Air Ambulance Service, Trident Trust, Canada Life, Manx Heart Foundation, Mann Vend, Suntera, KPMG, IOM Creamery, Zurich, Canaccord, PwC, Cains, Prime Performance, Capital International, Up and Running, Stars Group, Rushen Round Table, IQEQ, Wander Bar, Applebys, Affinity, Nedgoup Investments, The Isle of Man Bank, MannBenham, CADS, and Group Eleven (IOM) Limited. Event Management Solutions Ltd is setting up the finish and ELS Ltd will be providing professional event production at the start and for the presentation evening at the Villa Marina. Energy FM is our Media Partner and will be providing outside broadcasts. Thank you to all of them.

We acknowledge the help that we receive from Tourism Events, the Civil Defence, the Coast Guard, the Police and St. John Ambulance.

I personally would like to thank the members of the organising committee, Liz Corran, Karen Kneale, Debbie Surgeon, Allan Callow, Martin Lambden, Winston Liu, Kevin and William Walmsley, Allan Bell, Jock Waddington, Adam Killip, Geoff and Rachel Quayle, Louise Hollings, John and Joan Ryder and Leanne Venables all of whom have selflessly given up so much of their time to make the Parish Walk what it is.

Finally, a big thank you to all the officials, marshals, checkers-in and all those members of the public who come out every year to make the Parish Walk the unique experience that it is.

To all the competitors please read and observe the rules carefully and obey the marshals' instructions as they are there for your own safety.

Good luck and enjoy your Parish Walk.

**Raymond Cox Race Director.**

# Advice for support drivers

## IMPORTANT NEW TRAFFIC MANAGEMENT.

All support crews please read the following traffic management and advice

For more detailed information please scan here



or see  
<http://route.parishwalk.com/>

Failure to adhere to the rules can incur your walker time penalties or disqualification!

1. Display your numbers clearly on the front and rear windscreens.

## CLOSED ROADS

2. The following roads will be **CLOSED** for **ALL** traffic:
  - A1 from Union Mills to Crosby
  - The Cleaynagh Road
  - The Orrisdale Road
  - Derby Road, Peel

Race officials and marshals are there for your safety. Please listen and show respect

## ONE WAY ROADS

3. The following roads are **ONE-WAY** only. These roads can be used for **PARKING** and **ASSISTING WALKERS** except where no stopping zones are in place (see below).
  - The Glen Darragh Road
  - Braaid Roundabout to the Cleaynagh Road
  - B37 Stuggadhoo Road from junction of St Marks Road to Foxdale Road in a northerly direction
  - The Oatlands Road
  - The Old Castletown Road
  - St Marks to Ballasalla Road
  - The Ballasalla to Ballabeg Road
  - Cross 4 Ways to Malew Church
  - Church Road Rushen
  - The Sloc Road
  - The Dalby Road (Round Table Road)
  - Church Street, Peel
  - Peel to Kirk Michael Road (from the Switchback junction)
  - Ballaugh Church to The Cronk
  - Jurby, through Bride to Andreas Village Roundabout
  - Andreas, from the junction of the Jurby East Road (B3) to Sulby Bridge
  - Lezayre Road from the Narradale Road to its junction with the B16 Glen Auldyn Road
  - The Dhoon to Laxey Road

## NO STOPPING ZONES

4. Do not stop on the **NO STOPPING ZONES** which are:
  - **Braddan Bridge to Union Mills**
  - **On the A26 St Marks Road between the Braaid Roundabout and the turn off for the Cleaynagh Road**
  - **On the Castletown Road from the junction of the Cleaynagh Road to the junction with the Oatlands Road**
  - **On the Castletown Road from the junction of the Old Castletown Road with the junction with the Orrisdale Road**
  - **On the St Marks to Ballasalla Road from the junction with the Orrisdale Road to Ballasalla**
  - **The T Junction at Ballabeg to Ballagawne Road**
  - **Eary Cushlin to the Raggatt. Please use the parking area at Knockaloe Farm.**
  - **Kirk Michael from the Mitre Pub to Rhencullen**
  - **Bride Roundabout to the junction with West Kimmeragh Road**
  - **On Church Road, Lonan from the Junction with the A2 to Croit E Quill Road**
  - **On the A2 Lonan from the junction with Church Road coming out of Lonan**

Stopping to assist walkers along these areas is forbidden. There are many feed stations provided along the early part the course.

5. **RUSHEN.** There is a traffic flow system in place at Rushen Church. Please follow the signs for “Parking” if you want to go to the Church. Otherwise follow “Through Traffic” signs to continue up to the Sloc by passing the Church.  
SEE PLAN ON PAGE 23.
6. **PEEL.** There is a traffic flow system in place at Peel. Please follow the diversion signs.  
SEE PLAN ON PAGE 23.
7. Stop only where you can park **SAFELY**. Be aware of road junctions and dangerous bends.
8. Do not attempt to drive alongside or behind walkers.
9. Be aware of safety of other walkers and road users.
10. Do not leave litter or discard food waste. Take home all your litter or use the appropriate bins.
11. Switch on hazard lights when parked on the road.
12. Support crew must wear **high-viz reflective clothing** from Ballaugh onwards (although recommended to be worn at all times). Reflective bibs are on sale at the check in.
13. Do not make excessive noise in residential areas during the night.
14. Pace making is not permitted.
15. Car numbers to be displayed at all times.
16. Camper vans and larger vehicles over 5.5m will not be permitted on restricted roads.

**Plan your route!**

**See map and traffic plans on pages 23 to 25**

# Sustainability and the Manx Telecom Parish Walk

In recent years the organisers of the Manx Telecom Parish Walk made a conscious decision to look at our carbon footprint and the environmental impact of the event. Inevitably there is a negative impact on the environment caused by the walkers and more importantly their support crews and spectators. Therefore, in conjunction with our Sustainability Partner IFGL we are looking at ways to reduce this negative impact.

To offset this carbon footprint, we have again joined up with IOM Woodland Trust in our "Trees for T" initiative. If entrants opted not to have a sports-shirt then



we donated £5 to the Trust, this amounted to 212 trees this year. This brings the total number since the start of the initiative in 2022 to 697 trees growing on our beautiful island for decades to come courtesy of the Parish Walk.

Every year we used to have tons of partly filled water bottles to dispose of. These single use plastics are most damaging to the environment so in 2022 we instigated a three year programme to eliminate these types of plastics.

Thanks to MannMade Group every walker will be given a Speed Cup at the start of the race to carry with them on their Parish Walk journey.



These cups are lightweight, compressible, and reusable and do away with the need for single use plastic bottles. Walkers who already have a Speed Cup from 2022 / 2023 are encouraged to bring this with them to reuse this year and reduce our carbon footprint even more.

To reduce traffic, there will be a free shuttle bus operating on 22nd June between Douglas and Peel every 20 minutes between 2-6pm courtesy of IFGL. Supporters can get to Peel to see their family and friends finish; competitors finishing in Peel can use the shuttle bus to return to Douglas.



It is so vital that walkers, supporters and spectators do not leave any litter in our beautiful Manx countryside. Take home your rubbish with you if possible but otherwise use the colour coded bins provided by IFGL so that we may recycle as much of the rubbish as possible:

- **Red** Bins are for Compostable waste such as fruit and Vegware cups.
- **Green** Bins are for Recyclable material such as plastic bottles and paper.
- **Black** Bins are for General waste.

Supporters and spectators should think of ways to reduce their carbon footprint also.

- Think about using an electric car on race day or consider sharing a car if your walker is going as far as Ballaugh. Traffic management and advice is available on our 'app': go to [route.parishwalk.com](http://route.parishwalk.com)
- Plan to meet your walker along the course rather than driving the route.
- Take all your rubbish home with you.
- Bear in mind that noise pollution is a significant factor at night-time so please be quiet in built up areas.

Together we can make the Parish Walk more environmentally friendly and sustainable for the future.

**PLEASE USE THE BINS  
AROUND THE ROUTE  
OR TAKE YOUR LITTER  
HOME WITH YOU**





## “Trees for T”

212 T-Shirts turned into trees in 2024  
Cumulative total of 697 trees to date!



### Please consider

Using the shuttle bus service, car sharing  
or using an electric car

## Toilet Locations

Toilets will be at the following locations around the route

- The Start – NSC
- Ballafreer
- Marown School
- Glen Darragh Road
- Cleayneagh Road Bottom
- Cleayneagh Road Top
- Oatlands Road 1 & 2
- Ballakelly
- Santon Church Road
- Mill House
- Orrisdale Road 1 & 2
- Abbey Church Hall, Ballasalla Village
- Malew Church
- Arbory Church
- Arbory School
- Colby
- Rushen Parking Field
- Rushen Church
- Ballakillowey Picnic Area
- Ballakilpheric
- Sloc Bottom
- Sloc Top
- Round Table
- Eary Cushlin 1 & 2
- Dalby
- Glen Maye
- Gordon
- Patrick
- Knockaloe
- Peel
- Devils Elbow
- Berk Farm, Kirk Michael
- Kirk Michael Village
- Bishops court
- Ballaugh Village
- Jurby Church
- Smeale Farm, The Lhen
- Bride Village
- Andreas Village
- Andreas Church
- Lezayre Church
- Ramsey Masonic Hall and Commissioners
- Maughold Village
- Dhoon Glen
- Laxey Village
- Lonan Church
- Onchan Church
- Port Jack
- Finish

**Sanitary products  
will be available**



The Manx Menstrual  
Movement





The leading independent client focused  
Trust and Corporate Service Provider

Proud Sponsors of the new SpeedCup -  
helping to reduce plastic in the Parish Walk

# Race Officials

**Race Director:** Raymond Cox

**Assistant Race Director:** William Walmsley

**Chief Timekeeper:** Bridget Kaneen

**Chief Judge:** Steve Taylor

**Judges:** Raymond Cox, Kevin Walmsley, Alan Callow, Elizabeth Corran, Jock Waddington, Winston Liu, Karen Kneale, Bridget Kaneen, Marie Jackson, Richard Wild, Sam Fletcher and Laura Merryweather.

**Starter:** Ray Hughes

**Race Referees:** Raymond Cox and Kevin Walmsley

**Course Director:** Kevin Walmsley

**Assistant Course Directors:** Martin Lambden, Debbie Surgeon, John Ryder, Joan Ryder, Allen Bell, Geoff Quayle and Leanne Venables

**Race Secretary:** Liz Corran

**Assistant Race Secretary:** Louise Hollings

**Results Secretary:** Karen Kneale

**T-Shirt Design:** Steve Partington

**Chief Marshal:** Winston Liu

**Course Marking:** Allan Callow

**Electronic Timing:** Manx Telecom and Manx Timing Solutions.

**Information Screens:** Colebourns

**Media Partner:** Energy FM

**Race Logistics:** Civil Defence

**Media Manager:** Jock Waddington

**Social Media Director:** Adam Killip

**Statistician:** Rachel Quayle

The Manx Harriers would like to thank the Police, The N.S.C., the Vicars and Church Wardens, St. Johns Ambulance, Isle of Man Coastguard, Royal Manx Agricultural Society and all whom have helped to make this event possible.

# IFGL is proud to be the Parish Walk's Sustainability Partner

Based on the Isle of Man for more than  
40 years, IFGL wishes all Parish Walkers  
the best of luck on 22 June.



## Proudly supporting:

Isle of Man TT | Golfer Ana Dawson | [Isle of Man Parish Walk](#) | Viking Longboats |  
Southern 100 | Isle of Man Cycle League | Sailor Peter Cope | Golfer Tom Gandy |  
Distinguished Gentleman's Ride | Port Erin Beach Festival | FC IOM | And many more...

RL360°

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INTERNATIONAL

IFGL | PENSIONS

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# Parish Walk Biggest Improvers



Adey Callister  
Most Improved for 2023

Since its inception in 2006, the Most Improved Performance Award (known as the MSM Trophy) has been presented annually to the Parish Walk finisher completing the course for at least the second occasion and recording the biggest improvement in their finishing time. That person's previous best time does not need to have been set in the preceding year, and in some cases, there have been gaps of quite a few years between the individual's historic personal best and the year in which they recorded their significant improvement.

Last year's winner, Dean Morgan, has the distinction of recording the biggest improvement on record since 2006. Dean's 2022 race time of 15 hours, 43 minutes and 50 seconds was an incredible 7 hours, 7 minutes and 17 seconds quicker than the 22:51:33 that he set in 2015 when finishing for the first time. 7 must be the lucky number! By contrast, the smallest winning improvement (2 hours 30 minutes and 52 seconds) was recorded jointly by Sam and Michelle Cannell in 2014, but when you consider that they improved from 23:19:39 in 2012 to 20:48:47 in 2014, that is a significant achievement – almost 1 minute and 50 seconds per mile faster than their previous best.

2023 saw one of the closest-ever contests for the MSM Trophy, with just 1 minute and 29 seconds separating three walkers! The biggest improver, Adey Collister, finished 20th overall in 19:06:12 and in doing so took

an impressive 3 hours, 12 minutes and 48 seconds off his previous best time, but he only just managed to hold off strong challenges from Stu Osborne (who recorded an excellent improvement of 3 hours 11 minutes and 22 seconds when finishing 8th in a time of 17:02:38) and Adam Huxham, who improved by an equally commendable 3 hours, 11 minutes and 19 seconds to claim 21st place overall, just one place behind Adey Callister on the road and only 3 seconds less of an improvement than Stu!

Given the potential for very fast walkers to take large chunks of time off their previous best results, it is not surprising to see that the list of names engraved on the MSM Trophy includes three overall winners of the Parish Walk. 2013 champion Michael George, back-to-back 2021 and 2022 winner Paul Atherton and 2023 winner Dean Morgan have all won the MSM Trophy, but interestingly none of these great walkers recorded their biggest improvement in the same year as their overall race wins.

The table below lists all of the MSM Trophy winners, and their improvements, since 2006:

	Competitor	Time (hh:mm:ss)	Improvement (h:mm:ss)
2023	Adey Callister	19:06:12	3:12:48
2022	Dean Morgan	15:43:50	7:07:17
2021	John Roberts	19:20:17	4:04:47
2020	no race		
2019	Paul Atherton	17:59:24	3:21:46
2018	Paul Sayle	18:14:06	4:07:59
2017	Pete Miller	17:56:00	5:00:29
2016	Gabriel Farmer	19:00:37	3:56:57
2015	Robert Currey	17:26:31	4:05:57
2014	Sam Cannell & Michelle Draper	20:48:47	2:30:52
2013	Ray Harmer	20:28:34	3:18:10
2012	Andrew Corris	20:11:55	3:27:19
2011	Sam Fletcher	18:53:39	3:12:01
2010	Jonathan Wild	17:58:22	4:15:22
2009	Gillian Cunningham	19:26:11	4:12:26
2008	Jane Crowe	19:04:47	2:44:16
2007	Mark Hemsall	17:58:06	4:28:44
2006	Michael George	17:12:31	5:13:24

# FREE SHUTTLE SERVICE ON 22 JUNE



EVERY  
**20**  
MINUTES  
FROM 2-6PM



 **DOUGLAS**  
THE BOWL CAR PARK

 **PEEL**  
DERBY ROAD  
(opposite police station)  
Last bus departs at 6pm

## RECYCLING BINS

Let's boost the Parish Walk's sustainability by using the recycling bins along the course.



# Past Winners - Mens and Ladies

## Men

1960 Stan Cleator	19.50.30	1999 Chris Flint	17.07.46
1961 Henry Harvey	17.10.17	2000 Peter Kaneen	16.59.54
1962 Henry Harvey	16.25.40	2001 Robbie Callister	16.59.27
1963 Joe Brown	17.04.09	2002 Robbie Callister	16.34.30
1964 Henry Harvey	16.21.06	2003 Peter Kaneen	15.26.07
1965 No Race	-	2004 Robbie Callister	15.26.31
1966 No Race	-	2005 Robbie Callister	15.24.24
1967 Albert Johnson	15.54.51	2006 Sean Hands	14.47.36
1968 Leece Kneale	16.05.52	2007 Robbie Callister	15.36.47
1969 Ian Hodgkinson	17.11.25	2008 Jock Waddington	15.44.43
1970 Dudley Seddon	17.21.49	2009 Jock Waddington	15.45.56
1971 Graham Young	15.43.12	2010 Jock Waddington	15.18.06
1972 Derek Harrison	16.19.15	2011 Jock Waddington	15.01.48
1973 Derek Harrison	16.36.04	2012 Vinny Lynch/Richard Gerrard	14.42.32
1974 John Dowling	16.40.07	2013 Michael George	14:44:49
1975 Ted Warner	18.49.52	2014 Richard Gerrard	15:15:20
1976 John Cannell	17.28.12	2015 Richard Gerrard	14:40:08
1977 Steve Gardner	19.11.01	2016 Richard Gerrard	15:31:43
1978 Murray Lambden	16.19.37	2017 Liam Parker	15:36:59
1979 Derek Harrison	15.20.51	2018 Richard Gerrard	15:25:10
1980 Derek Harrison	16.13.10	2019 Liam Parker	15:44:06
1981 John Cannell	16.15.11	2020 No Race	-
1982 John Cannell	15.59.33	2021 Paul Atherton	15:23:40
1983 John Cannell	16.31.38	2022 Paul Atherton	15:23:39
1984 Derek Harrison	16.10.17	2023 Dean Morgan	15:27:03
1985 Willie Corkill	16.29.31		
1986 Willie Corkill	17.03.45		
1987 Willie Corkill	16.58.33		
1988 Martin Lambden	17.12.01		
1989 Charlie Weston	18.17.55		
1990 Gordon Vale	17.55.10		
1991 Charlie Weston	17.46.58		
1992 Graham Young	16.38.27		
1993 John Cannell	16.11.11		
1994 John Cannell	16.13.46		
1995 Brian Ashwell	16.37.47		
1996 Lee Cain	17.26.29		
1997 Chris Flint	17.36.40		
1998 Richard Brown	15.59.44		

## Ladies

1963 Eunice Davies	20:51:24
1964 Heather Murphy	22:37:35
1965 No Race	-
1966 No Race	-
1978 Ann Sayer	17:51:17
1980 Irene Corlett	17:41:40
1983 Caroline Convery	23:36:46
1987 Laurie Gale	20:43:18
1989 Jean Oldroyd	20:55:24
1991 Jean Oldroyd	20:18:20
1992 Jean Oldroyd	21:22:39
1995 Gill Green	20:29:08
1996 Winnie Callister	22:59:02
1997 Gill Green	18:39:57

# Records & 2023 Award Winners

1998	Sandra Brown	16:16:36
1999	Karen Marie Brogger	17:38:40
2000	Karen Marie Brogger	18:04:35
2001	Rosemarie Crellin	20:04:54
2002	Rosemarie Crellin	18:34:07
2003	Rosemarie Crellin	17:12:19
2004	Sue Biggart	16:48:32
2005	Sue Biggart	16:53:54
2006	Sue Biggart	16:23:14
2007	Sue Biggart	16:49:46
2008	Sue Biggart	16:42:09
2009	Janice Quirk	15:58:35
2010	Sue (Sumo) Moore	17:44:13
2011	Maureen Moffatt	18:19:21
2012	Sue Biggart	17:03:53
2013	Janice Quirk	16:16:39
2014	Janette Morgan	16:48:14
2015	Janette Morgan	16:38:14
2016	Karen Chiarello	16:00:03
2017	Karen Chiarello	15:53:44
2018	Bernie Johnson	17:37:17
2019	Emma Shilling	17:47:09
2020	No Race	-
2021	Samantha Bowden	16:38:51
2022	Samantha Bowden	17:20:26
2023	Lorna Gleave	17:27:31

## Records

<b>FASTEST TIMES:</b>	<b>TIME</b>	<b>YEAR</b>
<b>Overall Winner</b>		
Richard Gerrard	14:40:08	2015
<b>Ladies</b>		
Karen Chiarello	15.53.44	2017
<b>Under 21 Men</b>		
Alex Eaton	05:44:58	2014
<b>Under 21 Ladies</b>		
Keira Heavey	06:17:35	2022

## 2023 Award Winners

<b>Overall Winner</b>	Dean Morgan
IOM Parish Walk Cup	15:27:03
<b>Best Lady Finisher</b>	Lorna Gleave
Boundary Harriers Cup	17:27:31
<b>Best Local Finisher</b>	Charlotte Barham
Millennium Shield	19:44:25
<b>Most Improved Performance</b>	Adey Callister
MSM Trophy	19:06:12
	Time Improved by: 03:12:48
<b>Under 21 Men</b>	Jake Richmond
Parish Walk Junior Cup	06:40:19
<b>Under 21 Ladies</b>	Becca Ormesher
John Quilliam Cup	07:05:43
<b>Merit Award</b>	Adam Knight
Manx Telecom Trophy	
<b>Overall Team Winner</b>	
<b>Your Pace or Mine</b>	
<b>Combined Distance: 340.0.</b>	
<b>Total Time: 80:31:35</b>	
Tristan Sheilds	Finish 85.0m 17:27:31
Lauren McKinley	Finish 85.0m 20:28:34
Louise Gimson	Finish 85.0m 21:18:45
Dan Smith	Finish 85.0m 21:18:45
<b>Ladies Team Winner</b>	
<b>Every Step Counts</b>	
<b>Combined Distance: 340.0</b>	
<b>Total Time: 88:50:40</b>	
Sammy Bowden	Finish 85.0m 22:12:40
Michelle Cannell	Finish 85.0m 22:12:40
Eleanor Hagan	Finish 85.0m 22:12:40
Rachel Morton	Finish 85.0m 22:12:40
<b>Feed Station Winner:</b>	Trident Trust

**Gold Award** under 18 hours

1	Dean Morgan	15h 27m 03s
2	Paul Atherton	15h 43m 14s
3	Simon Gawne	15h 48m 31s
4	Adam Killip	16h 25m 35s
5	David Walker	16h 40m 05s
6	Josh Knights	16h 51m 05s
7	Callum Gawne	16h 59m 25s
8	Stuart Osborne	17h 02m 38s
9	James Quirk	17h 06m 45s
10	Connor Gilbert	17h 19m 01s
11	Tristan Shields	17h 27m 31s
11	Lorna Gleave	17h 27m 31s

**Silver Award** 18 - 21 hours

13	Sophie Watterson-Jone	18h 16m 59s
14	Andrew Titley	18h 32m 40s
15	Chris Cale	18h 36m 39s
16	Richard Sille	18h 39m 15s
17	Amy Sykes	18h 46m 05s
18	Andy Dawson	18h 55m 52s
19	Alex Jones	18h 57m 00s
20	Adey Callister	19h 06m 12s
21	Adam Huxham	19h 19m 41s
22	Paul Callow	19h 20m 13s
23	Sarah Ohare	19h 22m 20s
24	Jayne Farquhar	19h 33m 40s
25	Tiffany Bell	19h 43m 08s
26	Charlotte Barham	19h 44m 25s
27	Maureen Moffatt	19h 46m 08s
28	Tom Melvin	20h 10m 20s
29	Craig Fletcher	20h 14m 47s
30	Juan Kinley	20h 22m 22s
31	Nicola Raven	20h 28m 17s
32	Lauren McKinley	20h 28m 34s
33	Courtenay Heading	20h 39m 35s
34	Danny Metcalfe	20h 41m 51s
35	Stephen Caley	20h 43m 24s
36	Andrew Joughin	20h 47m 16s
37	John Halligan	20h 47m 48s

37	Chris Wade	20h 47m 48s
39	Greg Hoskisson	20h 51m 55s
40	Morgan Armstrong-Pato	20h 59m 06s

**Bronze Award** over 21 hours

41	Louise Gimson	21h 18m 45s
41	Dan Smith	21h 18m 45s
43	Barry Kinley	21h 20m 18s
44	Ryan Surridge	21h 21m 36s
44	Jerome Surridge	21h 21m 36s
46	Connor Casey	21h 28m 32s
46	Cameron Dunnigan	21h 28m 32s
46	Dan Richmond	21h 28m 32s
49	Katie Crichton	21h 29m 41s
50	Philip Morris	21h 30m 33s
50	Lucy Langford	21h 30m 33s
52	Ian Mackie	21h 31m 29s
53	Bernie Johnson	21h 35m 15s
53	Sarah Corkill	21h 35m 15s
55	May Hooper	21h 37m 38s
56	Ross Deakin	21h 40m 00s
57	Emma Keeley	21h 41m 28s
58	Gustav Rober	21h 42m 39s
59	Nicholas Hurt	21h 47m 21s
60	Nick Allison	21h 49m 33s
61	Mark Hay	21h 51m 01s
62	Monika Basson	21h 52m 25s
63	Sir John Lorimer	21h 54m 58s
64	Darren Hudgeon	21h 57m 59s
64	Thomas Parry	21h 57m 59s
66	Greg Williamson	22h 03m 26s
67	Louise Corkill	22h 10m 05s
68	Russell Walker	22h 10m 10s
69	Samantha Bowden	22h 12m 40s
69	Michelle Cannell	22h 12m 40s
69	Eleanor Hagan	22h 12m 40s
69	Rachel Morton	22h 12m 40s
73	Bethan Ansell	22h 14m 00s
74	Richard Trubshaw	22h 15m 14s
75	Fiona Strachan	22h 17m 19s
76	Kerry Pledger	22h 20m 27s

77	Deborah Tyrer	22h 24m 32s	118	Sarah Allen	23h 36m 17s
78	Adrian Tickle	22h 27m 01s	118	David Newton	23h 36m 17s
79	Claire Jackson	22h 27m 34s	120	Tobias Finch	23h 37m 30s
80	Daniel Corkish	22h 30m 15s	120	Tom Murray	23h 37m 30s
80	Mark Kneen	22h 30m 15s	122	Fionn McArd-Rooney	23h 37m 38s
82	Joe Burrows	22h 31m 19s	123	Jason Kelch	23h 38m 37s
82	Tom Burrows	22h 31m 19s	124	Corrie Thom	23h 38m 52s
84	Lee Kewley	22h 34m 43s	124	John Cooper	23h 38m 52s
85	Colleen Miller	22h 37m 09s	126	Hayley Duffus	23h 39m 17s
86	Richard Potts	22h 37m 57s	126	Sarah Fisher	23h 39m 17s
87	David Payne	22h 41m 00s	126	Katie Marshall	23h 39m 17s
88	Billy Gilbert	22h 41m 52s	129	Heather Despres	23h 42m 50s
89	Ashley Burgess	22h 43m 16s	129	Tapiwa Gede	23h 42m 50s
90	Catherine Sayle	22h 46m 24s	129	Jade Harding	23h 42m 50s
91	Gabriel Farmer	22h 51m 22s	132	Ngoc Vu	23h 50m 48s
91	Caroline Mclaughlan	22h 51m 22s	133	Michael Callister	23h 51m 28s
93	Tara Scott	22h 51m 48s	133	Laura Stewart	23h 51m 28s
94	Josh Papworth	22h 53m 58s			
95	Eugene Martin	22h 54m 50s			
95	Monika Martin	22h 54m 50s			
97	Stacey Simpson	22h 55m 27s			
98	Laura Feely	22h 56m 51s			
99	Georgina Franks	23h 00m 54s			
100	Ben Holmes	23h 02m 39s			
100	Alicia Woodward	23h 02m 39s			
102	Pollyanna Rogerson	23h 03m 17s			
103	June Melvin	23h 05m 26s			
103	Rebecca Mitchell	23h 05m 26s			
105	Lauren Hall	23h 07m 28s			
106	Nikki Salmon	23h 08m 01s			
107	Peter Brown	23h 08m 25s			
108	Stephen Brown	23h 08m 54s			
109	Ryan Healy	23h 13m 52s			
110	Vicky Christian	23h 14m 27s			
111	Alice Watson	23h 17m 33s			
112	Adie Corlett	23h 19m 53s			
113	Joshua Riordan	23h 21m 01s			
114	Vidya Neel	23h 30m 43s			
115	Carole Laporte	23h 33m 45s			
116	Mathew Artus	23h 35m 33s			
117	Katherine Smith	23h 36m 04s			

## The Maughold Barbecue

Run by the Maughold Social Club. Hot and cold food served until the last walker is through Maughold.



# “Up the Sloc”



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Web: [www.corkillremovals.com](http://www.corkillremovals.com)

<b>A Days Walks</b>		<b>One in The Swan</b>	
Paul Atherton	2	Dean Gilbert	770
Stuart Osborne	7		
<b>All Walk and No Action</b>		<b>Pace Invaders</b>	
Lorna Gleave	11	Johanna Gledhill	566
Georgina McCarney	627		
Marie Morgan	1070	<b>Peel Clothwalkers</b>	
Holly Sumner	111	Alan James Crebbin	739
		Caitlin Dunn	550
		Callum Gawne	6
		Claire-Louise Lace	616
<b>Aussies and Co.</b>		<b>Premier Gateway International Team 1</b>	
Jayne Farquhar	25	Simon Corkill	279
Nicola J Marshall	79	Liam Fieldstead	314
Justin Scholz	873	Steve Fletcher	762
Sharon Scholz	1101		
<b>Bezzishop</b>		<b>Premier Gateway International A</b>	
Stephen Garrett	101	Ashley Burgess	159
		Gemma Hutton	594
		Neil Lees	365
		Jessica Sayle	662
<b>Boal &amp; Co</b>		<b>Premier Gateway International B</b>	
James Bassett	39	David McVeigh	376
		David Poyser	407
		Paul Williamson	904
<b>CC Sisters</b>		<b>Prime Performance</b>	
Francis Arellano	227	Rachel Grace	1017
Jodie Bowers	494	Rory Nelson	2033
Victoria Crane	527		
<b>Gift of the Gab</b>		<b>PwC</b>	
Harry M Craig	289	Paul Jones	127
Brian Rooney	868		
Dougie Scott	53	<b>Red Hot Chili Steppers</b>	
Simon Smith	884	Emma Buckley	76
		Bernie Johnson	29
		Anna Wilson	1145
		Stephanie Woods	1151
<b>Legs Miserable</b>		<b>Shackleton's Explorers</b>	
Thomas Brennan	253	Georgie Dempsey-Moore	979
Peter Clinton	271	Sylvia Harrison	140
Archie Walter	459		
Ed Walter	58		
<b>MFG &amp; Ninkasi</b>			
Jacy Dickerson	983		
Theo Godwin	326		
<b>One for the Road</b>			
Darby Roberts	420		
Kesha Sayle	113		
Alan Teare	41		



## Spicy Porridge

Huw Matthews	826
Neel Umopathy	894
Vineeth Saren Umopathy	2043

## Strix Ramsey

Ryan Holland	342
Glenn McGovern	832
Ryan Surridge	96

## Team Fibromyalgia

Stephen Baines	702
Andrew Crosby	149

## Team Plant Power

Owen Dudley	304
Kathryn Hull	588
Rebecca Hull	589
Steve Hull	793

## The 3x AAA

Doug Allan	33
Martin Allan	60
Reuben Allan	224

## The 4 Stooks

Elaine Macaulay	1058
Eoin Mc Donald	829
Fiona Mc Donald	1063
Paul Mc Donald	830

## The Bridge

Ryan Cannell	265
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## Traa dy Liooar-d Have Mercy

Dylan George	320
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## Utmost 1

Chris Addy	69
Joe Ashworth Hayes	228
Craig Fletcher	57
Lucy Golemo	567

## Utmost 2

Cory Addy	911
Kayleigh Beattie	486
Sophie Cowin	99
Hannah Wren Kennish	609

## Utmost 3

Vicky Cain	505
Brayden Masterson	2026
Josh Modin	2030
Caroline Robinson	1094

## Utmost 4

Karolina Karch	1040
Lauren Quilliam	654
Ciaran Sherrard	433
Eoghain Sherrard	434

## Utmost 5

Nathan Berry	241
Ben Kelly	355
Michael Lewin	200
Jack Murray	21

## Utmost 6

Caitlin Ball	479
Chris Booth	244
Abdalla Mohamed	838
Maebh Worthing	695

## Walk On

Nick Lockley	818
Tracey Sanderson	1099
Rob Shaw	875
Stephen Shaw	876

## Worst Paced Scenario

Brett Kitching	804
Leona Kitching	611
Jon Redmond	860
Laura Stanley	1116

# Energy FM



## ON AIR

FM 98.6, 91.2, 93.4



## ON ONLINE

Stream at [energyfm.net](http://energyfm.net)



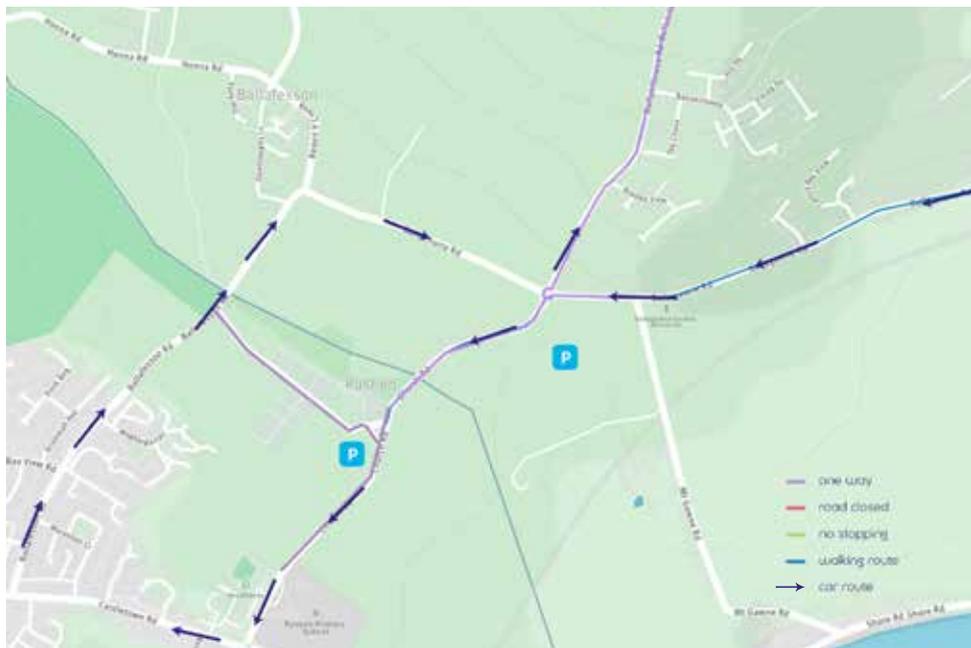
## ON SMART SPEAKER

Say 'Listen to Energy FM'

**Your Isle of Man . Your Life . Your Music .**

## Rushen - Traffic Flow

manx telecom



## Peel - Traffic Flow

manx telecom



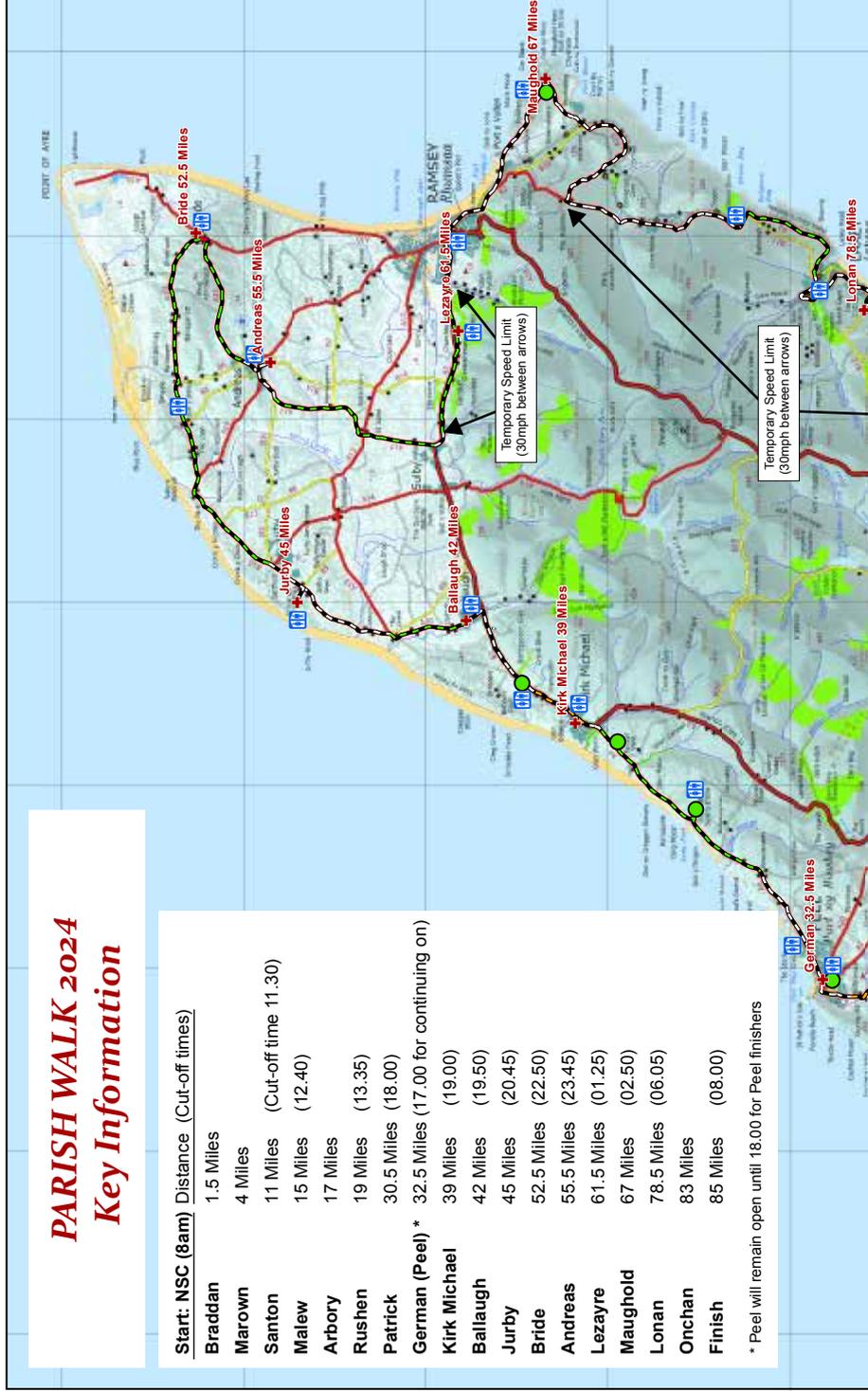
# PARISH WALK 2024

## Key Information

**Start: NSC (8am)** Distance (Cut-off times)

<b>Braddan</b>	1.5 Miles	
<b>Marown</b>	4 Miles	
<b>Santon</b>	11 Miles	(Cut-off time 11.30)
<b>Malaw</b>	15 Miles	(12.40)
<b>Arbory</b>	17 Miles	
<b>Rushen</b>	19 Miles	(13.35)
<b>Patrick</b>	30.5 Miles	(18.00)
<b>German (Peel) *</b>	32.5 Miles	(17.00 for continuing on)
<b>Kirk Michael</b>	39 Miles	(19.00)
<b>Ballaugh</b>	42 Miles	(19.50)
<b>Jurby</b>	45 Miles	(20.45)
<b>Bride</b>	52.5 Miles	(22.50)
<b>Andreas</b>	55.5 Miles	(23.45)
<b>Lezayre</b>	61.5 Miles	(01.25)
<b>Maughold</b>	67 Miles	(02.50)
<b>Lonan</b>	78.5 Miles	(06.05)
<b>Onchan</b>	83 Miles	
<b>Finish</b>	85 Miles	(08.00)

\* Peel will remain open until 18.00 for Peel finishers





For further information and advice for support drivers see pages 4 & 5

Failure to adhere to these rules can incur your walker time penalties or disqualification!

A detailed map is also available at [route.parishwalk.com](http://route.parishwalk.com) or scan the QR code.





Race			Race		
No.	Name	Category	No.	Name	Category
1	Dean Morgan Finisher Three Times	Veteran Men	27	Tiffany Faragher Finisher Six Times	Senior Ladies
2	Paul Atherton Finisher Five Times	Veteran Men	28	Maureen Moffatt Finisher Seventeen Times	Veteran Ladies
3	Richard Gerrard Finisher Eleven Times	Veteran Men	29	Bernie Johnson Finisher Nine Times	Veteran Ladies
4	Simon Gawne Finisher Three Times	Senior Men	30	Michael Farnworth Finisher Four Times	Veteran Men
5	David Walker Finisher Nine Times	Veteran Men	31	Julian Thomas Finisher Seventeen Times	Veteran Men
6	Callum Gawne Finisher Twice	Senior Men	32	Steve Partington Finisher Three Times	Veteran Men
7	Stuart Osborne Finisher Three Times	Senior Men	33	Doug Allan Finisher Five Times	Veteran Men
8	James Quirk Finisher Six Times	Veteran Men	34	Werner Alberts Finisher Six Times	Veteran Men
9	Connor Gilbert Finisher Four Times	Senior Men	35	Ewa Kowalewska Finisher Seven Times	Veteran Ladies
10	Tristan Shields Finisher Six Times	Senior Men	36	Dick Callin Finisher Twice	Veteran Men
11	Lorna Gleave Finisher Four Times	Veteran Ladies	37	Anthony Kneale Finisher Twenty Two Times	Veteran Men
12	Sophie Watterson-Jones Finisher Three Times	Veteran Ladies	38	Jane Foster Finisher Three Times	Veteran Ladies
13	Tony Edwards Finisher Six Times	Veteran Men	39	James Bassett Finisher Three Times	Veteran Men
14	Andrew Titley Finisher Twenty One Times	Veteran Men	40	Juan Kinley Finisher Three Times	Veteran Men
15	Chris Cale Finisher Twenty Times	Veteran Men	41	Alan Teare Finisher Thirteen Times	Veteran Men
16	Richard Sille Finisher Three Times	Veteran Men	42	Gabriel Farmer Finisher Eight Times	Veteran Men
17	Andrew Dawson Finisher Seven Times	Veteran Men	43	Simon Mellor Finisher Four Times	Veteran Men
18	Alex Jones Finisher Three Times	Veteran Ladies	44	Mark Lund Finisher Three Times	Veteran Men
19	Paul Callow Finisher Six Times	Veteran Men	45	Glenn Faragher Finisher Twice	Senior Men
20	Aaron Curphey Finisher Seven Times	Veteran Men	46	Martin Hall Finisher Once	Veteran Men
21	Jack Murray Finisher Once	Senior Men	47	Lee Darbyshire Finisher Twice	Veteran Men
22	Tim Goldy Finisher Once	Senior Men	48	John Anderson Finisher Four Times	Veteran Men
23	Sarah Ohare Finisher Three Times	Veteran Ladies	49	Courtenay Heading Finisher Eleven Times	Veteran Men
24	Chloe Spooner Finisher Twice	Senior Ladies	50	Russell Walker Finisher Seven Times	Veteran Men
25	Jayne Farquhar Finisher Six Times	Veteran Ladies	51	Hattie Killey Finisher Seven Times	Senior Ladies
26	Peter Robertson Finisher Once	Veteran Men	52	Andrew Hewins Finisher Four Times	Veteran Men

Race			Race		
No.	Name	Category	No.	Name	Category
53	Dougie Scott Finisher Once	Veteran Men	79	Nicola J Marshall Finisher Five Times	Veteran Ladies
54	Robin Crellin Finisher Four Times	Veteran Men	80	Stephanie Gray Finisher Fourteen Times	Veteran Ladies
55	Angela Martin Finisher Seven Times	Veteran Ladies	81	Adrian Kinrade Finisher Once	Veteran Men
56	David Collister Finisher Thirty One Times	Veteran Men	82	Gareth Broly Finisher Nine Times	Veteran Men
57	Craig Fletcher Finisher Five Times	Senior Men	83	Danny Metcalfe Finisher Once	Veteran Men
58	Ed Walter Finisher Five Times	Veteran Men	84	John Gallagher Finisher Twice	Veteran Men
59	Charlotte Hemensley Finisher Three Times	Veteran Ladies	85	Damian Bird Finisher Five Times	Veteran Men
60	Martin Allan Finisher Twice	Veteran Men	86	Andrew Joughin Finisher Twice	Senior Men
61	Harriet Hancox Finisher Twice	Veteran Ladies	87	Susan Clements Finisher Three Times	Veteran Ladies
62	Joseph Swan Finisher Twice	Senior Men	88	Paul Morgans Finisher Three Times	Veteran Men
63	Peter Beaumont Finisher Once	Senior Men	89	Greg Hoskisson Finisher Three Times	Veteran Men
64	Louise Thomas Finisher Nine Times	Veteran Ladies	90	Robert Wright Finisher Four Times	Veteran Men
65	Alex Delaney Finisher Once	Senior Men	91	Nick Sille Finisher Twice	Veteran Men
66	Helen Newbery Finisher Four Times	Veteran Ladies	92	Adrian Brooks Finisher Twice	Veteran Men
67	Dudley Butt Finisher Five Times	Veteran Men	93	Morgan Armstrong-Paton Finisher Once	Senior Men
68	Zoe Lambie Finisher Five Times	Senior Ladies	94	Ella Brooker Finisher Three Times	Veteran Ladies
69	Chris Addy Finisher Once	Senior Men	95	Jerome Surridge Finisher Once	Veteran Men
70	Karen Mercer Finisher Three Times	Veteran Ladies	96	Ryan Surridge Finisher Twice	Senior Men
71	David Williams Finisher Once	Senior Men	97	Danielle Cheshire Finisher Once	Veteran Ladies
72	Chris Williamson Finisher Once	Senior Men	98	Ann-Marie Clucas Finisher Five Times	Veteran Ladies
73	Mkubwa Ziad Finisher Four Times	Veteran Men	99	Sophie Cowin Finisher Twice	Senior Ladies
74	Gemma Cringle Finisher Once	Senior Ladies	100	Charlotte Cunningham Finisher Once	Senior Ladies
75	Rachel Gawne Finisher Four Times	Senior Ladies	101	Stephen Garrett Finisher Once	Senior Men
76	Emma Buckley Finisher Three Times	Veteran Ladies	102	Daniel Harrison Finisher Once	Senior Men
77	May Hooper Finisher Five Times	Veteran Ladies	103	Henry Wood Finisher Once	Senior Men
78	Meggie Thomas Finisher Seven Times	Senior Ladies	104	Gustav Rober Finisher Six Times	Veteran Men



Race			Race		
No.	Name	Category	No.	Name	Category
105	Connor Casey Finisher Once	Senior Men	131	Juan Corrin Finisher Once	Veteran Men
106	Dan Richmond Finisher Once	Senior Men	132	Colleen Miller Finisher Twice	Veteran Ladies
107	Jim Macgregor Finisher Twice	Veteran Men	133	Rebecca Stride Finisher Seven Times	Veteran Ladies
108	Phil Morris Finisher Three Times	Veteran Men	134	Michelle Davies Finisher Three Times	Veteran Ladies
109	Brendan Corrigan Finisher Once	Veteran Men	135	Paul C Du Toit Finisher Three Times	Veteran Men
110	Ian Mackie Finisher Once	Veteran Men	136	Greg Easton Finisher Once	Veteran Men
111	Holly Sumner Finisher Once	Senior Ladies	137	Richard Creer Finisher Twice	Veteran Men
112	Gordon Erskine Finisher Five Times	Veteran Men	138	Lee Kewley Finisher Six Times	Veteran Ladies
113	Kesha Sayle Finisher Three Times	Senior Ladies	139	Jordan Hamer Finisher Once	Senior Men
114	Helen Callow Finisher Twice	Veteran Ladies	140	Sylvia Harrison Finisher Twice	Veteran Ladies
115	Hannah Duke Finisher Six Times	Veteran Ladies	141	Matt Cory Finisher Once	Veteran Men
116	John Wright Finisher Once	Veteran Men	142	Chris Monaghan Finisher Twice	Veteran Men
117	Clare Naylor Finisher Once	Veteran Ladies	143	Adie Corlett Finisher Six Times	Veteran Men
118	Colin Townsend Finisher Twice	Veteran Men	144	Tom Hanks Finisher Once	Veteran Men
119	Herman Oberholzer Finisher Twice	Senior Men	145	Lydia Corrin Finisher Once	Senior Ladies
120	Nick Hurt Finisher Once	Veteran Men	146	Fiona Strachan Finisher Once	Veteran Ladies
121	Neil Wade Finisher Twice	Senior Men	147	Eddie Tarleton Hodgson Finisher Once	Veteran Men
122	Chaz Gardner Finisher Once	Veteran Men	148	Deborah Tyrer Finisher Twice	Veteran Ladies
123	Biffy Tyrer Finisher Once	Veteran Ladies	149	Andrew Crosby Finisher Once	Veteran Men
124	Keith Green Finisher Four Times	Veteran Men	150	Lucy Gilamn Finisher Once	Senior Ladies
125	Mark Hay Finisher Twice	Senior Men	151	Joe Burrows Finisher Twice	Senior Men
126	Trevor Quayle Finisher Three Times	Veteran Men	152	Daniel Corkish Finisher Once	Senior Men
127	Paul Jones Finisher Four Times	Veteran Men	153	Mark Kneen Finisher Once	Senior Men
128	Philip Knop Finisher Twice	Veteran Men	154	Tom Burrows Finisher Once	Senior Men
129	Rebecca Greatbatch Finisher Twice	Senior Ladies	155	Denise Bridson Finisher Twice	Veteran Ladies
130	Corrie Thom Finisher Six Times	Veteran Ladies	156	Kerry Palmer Finisher Twice	Veteran Ladies



# EXPLORE

## *Coral Cove & the Leisure Pool*

AT THE

**NSC**



NSC Beach pool and Coral Cove splash zone, complete with water jets and smaller slide, is great for younger children to enjoy.

- Children 0-3 years old are FREE
- Beach Pool & Coral Cove are open 9am -3.45pm Monday-Friday
- Flumes and features at on during 'Fun Sessions'



NSC, GROVES ROAD, DOUGLAS, IM2 1RB

EMAIL: [NSC@GOV.IM](mailto:NSC@GOV.IM)  
WEBSITE: [MSR.GOV.IM](http://MSR.GOV.IM)

Race			Race		
No.	Name	Category	No.	Name	Category
157	Caroline Rielly Finisher Once	Veteran Ladies	183	Mark Connor Finisher Once	Senior Men
158	John Cooper Finisher Five Times	Veteran Men	184	Ryan Healy Finisher Twice	Senior Men
159	Ashley Burgess Finisher Once	Senior Men	185	Sharon Shimmin Finisher Once	Veteran Ladies
160	Margaret Caley Finisher Three Times	Veteran Ladies	186	Katie Mccluskey Finisher Once	Veteran Ladies
161	Catherine Sayle Finisher Once	Veteran Ladies	187	Caroline Hussey Finisher Once	Veteran Ladies
162	Colleen McPhillips Finisher Once	Senior Ladies	188	Lucas Kenyon Finisher Once	Senior Men
163	Adrian Gell Finisher Once	Veteran Men	189	Ben Smaller Finisher Once	Veteran Men
164	Haydn Kenna Finisher Twice	Veteran Men	190	Lee Corkill Finisher Once	Veteran Men
165	Olivia Perry Finisher Once	Senior Ladies	191	Garry Asling Finisher Nine Times	Veteran Men
166	Tara Kelly Finisher Once	Veteran Ladies	192	Joe Partington Finisher Once	Senior Men
167	Donna Bairstow Finisher Once	Veteran Ladies	193	Jordan Brew Finisher Once	Senior Men
168	Jane Cregeen Finisher Once	Veteran Ladies	194	Sophie van Hooven-Christian Finisher Once	Senior Ladies
169	Stacey Simpson Finisher Once	Veteran Ladies	195	Janet Rober Finisher Once	Veteran Ladies
170	Simon Corlett Finisher Once	Senior Men	196	Steve Curtis Finisher Once	Veteran Men
171	Nick Kelly Finisher Once	Veteran Men	197	Chloe Makin Finisher Once	Senior Ladies
172	Steph Cottier Finisher Once	Veteran Ladies	198	Pauline Lunn Finisher Once	Veteran Ladies
173	Georgina Franks Finisher Once	Senior Ladies	199	Jon Stott Finisher Once	Veteran Men
174	James Hampton Finisher Once	Veteran Men	200	Michael Lewin Finisher Once	Veteran Men
175	Garry Curtis Finisher Once	Veteran Men	201	Lucy McDowell Finisher Once	Veteran Ladies
176	Colette Johnston Finisher Three Times	Veteran Ladies	202	Claire Heath Finisher Once	Veteran Ladies
177	Maria Johnston Finisher Once	Veteran Ladies	203	Hannah Miller Finisher Once	Veteran Ladies
178	Nikki Salmon Finisher Once	Veteran Ladies	204	Amy Louise Coole Finisher Once	Veteran Ladies
179	Stephen Brown Finisher Once	Veteran Men	205	Caroline Kelly Finisher Once	Veteran Ladies
180	Jack Sayle Finisher Once	Senior Men	206	Graeme Saunders Finisher Once	Veteran Men
181	Stacey Thompson Finisher Once	Veteran Ladies	207	Ed Barker Finisher Once	Veteran Men
182	Grzegorz Wykurz Finisher Once	Veteran Men	208	Hayley Duffus Finisher Once	Veteran Ladies



Race			Race		
No.	Name	Category	No.	Name	Category
209	Sarah Fisher	Veteran Ladies	237	Ryan Bell	Senior Men
	Finisher Once		238	Juan Bellando	Senior Men
210	Brian Kermode	Veteran Men	239	Antony Bentley-Roberts	Senior Men
	Finisher Once		240	George Berney	Senior Men
211	Katie Marshall	Veteran Ladies	241	Nathan Berry	Senior Men
	Finisher Once		242	Karl Blankley	Senior Men
212	Lee Corlett	Senior Men	243	Daniel Boal	Senior Men
	Finisher Once		244	Chris Booth	Senior Men
213	Caroline Clague	Veteran Ladies	245	Luke Booth	Senior Men
	Finisher Once		246	Oliver Bowles	Senior Men
214	Heather Despres	Senior Ladies	247	Thomas Bowles	Senior Men
	Finisher Once		248	Mykel Boyde	Senior Men
215	Rebekkah Ringham	Veteran Ladies	249	Paul Boyde	Senior Men
	Finisher Once		250	David Boylan	Senior Men
216	Lynsey Smith	Veteran Ladies	251	Saul Bradley	Senior Men
	Finisher Once		252	Robert Bray	Senior Men
217	Mandy Hewes	Veteran Ladies	253	Thomas Brennan	Senior Men
	Finisher Once		254	Simon Brew	Senior Men
218	Mairi Edwards	Veteran Ladies	255	James Brown	Senior Men
	Finisher Once		256	Patrick Butterworth	Senior Men
219	Justine Torry	Senior Ladies	257	Alex Cain	Senior Men
	Finisher Once		258	Jack Caine	Senior Men
220	Danielle Househam	Veteran Ladies	259	Reece Caley	Senior Men
	Finisher Once		260	Karl Callister	Senior Men
221	Andrea Manning	Veteran Ladies	261	Daniel Cannell	Senior Men
	Finisher Once		262	Liam Cannell	Senior Men
222	Jim Caley	Veteran Men	263	Peter Cannell	Senior Men
	Finisher Once		264	Richard Cannell	Senior Men
			265	Ryan Cannell	Senior Men
			266	Pedro Cardoso	Senior Men
			267	Alex Cave	Senior Men
			268	Kieran Cawte	Senior Men
			269	Jason Charmer	Senior Men
			270	George Chell	Senior Men
			271	Peter Clinton	Senior Men
			272	Matthew Close	Senior Men
			273	David Cohen	Senior Men
			274	Nick Collins	Senior Men
			275	Cameron Comber	Senior Men
223	Luke Adams	Senior Men	276	Mark Comer	Senior Men
224	Reuben Allan	Senior Men	277	Carl Conroy	Senior Men
225	Ross Angwin	Senior Men	278	Matthew Corkill	Senior Men
226	Mattia Appetiti	Senior Men	279	Simon Corkill	Senior Men
227	Francis Arellano	Senior Men	280	Will Corkill	Senior Men
228	Joe Ashworth Hayes	Senior Men	281	Joseph Corkish	Senior Men
229	Miles Ashworth	Senior Men	282	Brad Corlett	Senior Men
230	Jack Astick	Senior Men	283	Nick Corlett	Senior Men
231	Richard Atherton	Senior Men	284	George Corrin	Senior Men
232	Shaun Atkinson	Senior Men	285	Eric Costa	Senior Men
233	Oliver Barratt	Senior Men	286	David Cowell	Senior Men
234	Corey Bartle-Sanderson	Senior Men	287	Joe Coyle	Senior Men
235	Chris Bartley	Senior Men	288	Harry J Craig	Senior Men
236	Kyle Batty	Senior Men			

**Support Crews -  
ensure you read  
advice on  
pages 4 & 5**



# RELAY FOR LIFE 2024

# SURVIVORS

**Are you or do you know a Cancer Survivor who deserves a little treat?**

Anyone who has ever heard those words 'You've got Cancer' is invited to join us as our VIPs, take the first lap of the track and enjoy a little afternoon tea.

- ♥ Cancer survivor
- ♥ Living with cancer
- ♥ Fighting cancer
- ♥ Surviving cancer
- ♥ Thriving after cancer

To sign up now for free, send us an email at [RelayIOM@gmail.com](mailto:RelayIOM@gmail.com)

You do not have to be a part of a relay team to take part as a Survivor, everyone is welcome.



**Saturday 24th  
August 2024**

**NSC Outdoor  
Track, Douglas**

**12 noon**

Race			Race		
No.	Name	Category	No.	Name	Category
289	Harry M Craig	Senior Men	341	Josh Hodgkinson	Senior Men
290	Robert Craine	Senior Men	342	Ryan Holland	Senior Men
291	Russell Croker	Senior Men	343	Jake Howland	Senior Men
292	Joel Crosby	Senior Men	344	Juan Hunter	Senior Men
293	Dean Crowe	Senior Men	345	Declan Hutton	Senior Men
294	Conor Cummins	Senior Men	346	Darryl Jago	Senior Men
295	Kai Curphey	Senior Men	347	Conall Jaques	Senior Men
296	Ryan Daly	Senior Men	348	Ben Johnston	Senior Men
297	Joshiah Dasilva	Senior Men	349	Matthew Jones	Senior Men
298	Tom Davenport	Senior Men	350	Nicholas Jones	Senior Men
299	Callum Dawson	Senior Men	351	Sam Jones	Senior Men
300	Matthew Dawson	Senior Men	352	Daniel Joyce	Senior Men
301	Jack Devereau	Senior Men	353	Dean Kearns	Senior Men
302	Andrew Dixon	Senior Men	354	Alexander Kelly	Senior Men
303	Ferghus Doyle	Senior Men	355	Ben Kelly	Senior Men
304	Owen Dudley	Senior Men	356	Keiran Kendall	Senior Men
305	David Duff	Senior Men	357	Graham Kennish	Senior Men
306	Xander Duncan	Senior Men	358	Juan Kennish	Senior Men
307	Joshua Dunn	Senior Men	359	Peter Kermeen	Senior Men
308	Thomas Dutnall	Senior Men	360	Anthony Kermode	Senior Men
309	Michiel Erasmus	Senior Men	361	Kai Kirkham	Senior Men
310	Matt Evans	Senior Men	362	Aidan Lamb	Senior Men
311	Nick Exton	Senior Men	363	Illiam Lambden	Senior Men
312	Jayden Fayle	Senior Men	364	Rocky Lancer	Senior Men
313	Paddy Fick	Senior Men	365	Neil Lees	Senior Men
314	Liam Fieldstead	Senior Men	366	Ethan Leivers	Senior Men
315	Henry Freeman	Senior Men	367	Ben Lloyd	Senior Men
316	Gary Gaines	Senior Men	368	David Manson	Senior Men
317	Jake Garvey	Senior Men	369	Jak Martin	Senior Men
318	Joshua Gaunt	Senior Men	370	Liam McCann	Senior Men
319	Cullen Gell	Senior Men	371	Callum McDonald	Senior Men
320	Dylan George	Senior Men	372	Ryan McDonald	Senior Men
321	Rich Georgeson	Senior Men	373	Ste McKee	Senior Men
322	Daniel Gibson	Senior Men	374	Alexander Mckeeman	Senior Men
323	Andrew Gifford	Senior Men	375	Jordan Mclellan	Senior Men
324	Connor Gilardoni	Senior Men	376	David McVeigh	Senior Men
325	Dale Glover	Senior Men	377	Joshua Mear	Senior Men
326	Theo Godwin	Senior Men	378	Ben Melling	Senior Men
327	Jonathan Gower-Jackson	Senior Men	379	Dollin Mercer	Senior Men
328	Paul Hardman	Senior Men	380	Jonathan Minter	Senior Men
329	Sam Hardman	Senior Men	381	Sam Moffat	Senior Men
330	George Harrison	Senior Men	382	Glenn Molyneux	Senior Men
331	Gregg Harrison	Senior Men	383	Dan Montagu	Senior Men
332	Sean Harrison	Senior Men	384	Alec Moore	Senior Men
333	Daniel Hatton	Senior Men	385	Daniel Moore	Senior Men
334	Liam Heath	Senior Men	386	Shaun Moore	Senior Men
335	Alex Hewes	Senior Men	387	Neil Morgan	Senior Men
336	Jacob Hewins	Senior Men	388	Jacob Morris	Senior Men
337	John Lee Hewitt	Senior Men	389	Paul Morris	Senior Men
338	Benjamin Hickey	Senior Men	390	Arran Morrison-Wade	Senior Men
339	Carl Hickey	Senior Men	391	Stephen Mulhern	Senior Men
340	Laurie Hickey	Senior Men	392	Anthony Murdoch	Senior Men

Race			Race		
No.	Name	Category	No.	Name	Category
393	Jack Murphy-Lewtas	Senior Men	445	Nick Swales	Senior Men
394	Siddharth Neelson	Senior Men	446	Matty Tait	Senior Men
395	Ciaran Nye	Senior Men	447	Dylan Taylor	Senior Men
396	Mark O'Connor	Senior Men	448	Louie Taylor	Senior Men
397	Chachai Ohare	Senior Men	449	Cian Thompson	Senior Men
398	David Oldham	Senior Men	450	Adam Thrussell	Senior Men
399	Jonathan Oldham	Senior Men	451	Josh Toher	Senior Men
400	Ed Page	Senior Men	452	Jack Townsend	Senior Men
401	James Page	Senior Men	453	Michael Truesdale	Senior Men
402	Thomas Pamplin	Senior Men	454	John Verrall	Senior Men
403	Chris Parker	Senior Men	455	Ngoc Vu	Senior Men
404	Finn Partington	Senior Men	456	Callan Wade	Senior Men
405	Owen Picket	Senior Men	457	Chris Walker	Senior Men
406	Daniel Pope	Senior Men	458	Scott Wallace	Senior Men
407	David Poyser	Senior Men	459	Archie Walter	Senior Men
408	Daniel Priestnal	Senior Men	460	Greg Watson	Senior Men
409	Darien Prophet	Senior Men	461	Jordan Watson	Senior Men
410	Dylan Pycroft	Senior Men	462	Mark Weir	Senior Men
411	Jack Quay	Senior Men	463	Paul Whipp	Senior Men
412	Daniel Radcliffe	Senior Men	464	Kaylan Whittaker	Senior Men
413	Harry Radford	Senior Men	465	Ben Wilson-White	Senior Men
414	Tom Randall	Senior Men	466	Martin Woolf	Senior Men
415	Elliot Reid	Senior Men	467	Steven Wright	Senior Men
416	Jon Reynolds	Senior Men	468	Joey Wylde	Senior Men
417	Daniel Richardson	Senior Men	469	Euan Wylie	Senior Men
418	Edwin Richardson	Senior Men	470	Shaun Wylie	Senior Men
419	William Richardson	Senior Men	471	Sophie Acton	Senior Ladies
420	Darby Roberts	Senior Men	472	Ellie Ainsworth	Senior Ladies
421	Sam Rourke	Senior Men	473	Morgan Aldridge	Senior Ladies
422	Jack Rowlands	Senior Men	474	Sophie Anderson	Senior Ladies
423	Steven Rycroft	Senior Men	475	Rachel Andrews	Senior Ladies
424	Cameron Scott	Senior Men	476	Kesha Armour	Senior Ladies
425	Daniel Gordon Scott	Senior Men	477	Erin Arnold	Senior Ladies
426	Joe Scullion	Senior Men	478	Rebecca Bailey	Senior Ladies
427	James Sealey	Senior Men	479	Caitlin Ball	Senior Ladies
428	Craig Seddon	Senior Men	480	Abbey Barkley	Senior Ladies
429	Jacob Shand	Senior Men	481	Caitlin Barlow	Senior Ladies
430	Dylan Shaw	Senior Men	482	Lauren Maria Barlow	Senior Ladies
431	Danny Shefford	Senior Men	483	Lucy Barlow	Senior Ladies
432	Adam Shepherd	Senior Men	484	Katie Bates	Senior Ladies
433	Ciaran Sherrard	Senior Men	485	Morgan Bayle	Senior Ladies
434	Eoghain Sherrard	Senior Men	486	Kayleigh Beattie	Senior Ladies
435	Obed Sims	Senior Men	487	Sarah-Jane Bell	Senior Ladies
436	Michael Singleton	Senior Men	488	Ellen Bolton	Senior Ladies
437	Chris Skillan	Senior Men	489	Hannah Boorman	Senior Ladies
438	Jack Slessor	Senior Men	490	Rebecca Boot	Senior Ladies
439	Ciaran Smith	Senior Men	491	Annie Booth	Senior Ladies
440	Ryan Smith	Senior Men	492	Breeshey Bourner	Senior Ladies
441	Harry Spong	Senior Men	493	Sophie Bowen	Senior Ladies
442	Ciaran Stephens	Senior Men	494	Jodie Bowers	Senior Ladies
443	Luke Stewart	Senior Men	495	Robyn Brew	Senior Ladies
444	James Strickett	Senior Men	496	Holly Brook	Senior Ladies



Race			Race		
No.	Name	Category	No.	Name	Category
497	Courtney Brooker	Senior Ladies	549	Samantha Dudley	Senior Ladies
498	Kirsty Brooks	Senior Ladies	550	Caitlin Dunn	Senior Ladies
499	Susie Brunswick	Senior Ladies	551	Eloisha Dunne	Senior Ladies
500	Neve Buchanan	Senior Ladies	552	Grace Edwards	Senior Ladies
501	Georgea Buckley	Senior Ladies	553	Meg Evans	Senior Ladies
502	Olivia Burns	Senior Ladies	554	Nicole Everest	Senior Ladies
503	Ellisha Busby	Senior Ladies	555	Lauren Exon	Senior Ladies
504	Jessica Cain	Senior Ladies	556	Kerrie Feighery	Senior Ladies
505	Vicky Cain	Senior Ladies	557	Iciar Felix	Senior Ladies
506	Emmie Caine	Senior Ladies	558	Amiee Fisher	Senior Ladies
507	Elaine Caldwell	Senior Ladies	559	Sacha Fox	Senior Ladies
508	Clio Caley	Senior Ladies	560	Georgia Foxton	Senior Ladies
509	Kit Callin	Senior Ladies	561	Pia Galante	Senior Ladies
510	Rhiannon Callin	Senior Ladies	562	Sarah Gardner	Senior Ladies
511	Aine Callister	Senior Ladies	563	Abbie Gelling	Senior Ladies
512	Paige Callow-Cain	Senior Ladies	564	Courtney Gilardoni	Senior Ladies
513	Megan Campbell	Senior Ladies	565	Cloe Gilmore	Senior Ladies
514	Lucy Canipa	Senior Ladies	566	Johanna Gledhill	Senior Ladies
515	Amy Carter	Senior Ladies	567	Lucy Golemo	Senior Ladies
516	Phoebe Chell	Senior Ladies	568	Ula Gona	Senior Ladies
517	Zoe Cheung	Senior Ladies	569	Bryony Grant	Senior Ladies
518	Abbie Convertini	Senior Ladies	570	Sasha Grant	Senior Ladies
519	Emily Corlett	Senior Ladies	571	Emma Green	Senior Ladies
520	Maia Corlett	Senior Ladies	572	Rachel Green	Senior Ladies
521	Robyn Corlett	Senior Ladies	573	Rachel Gregson	Senior Ladies
522	Amy Cowley	Senior Ladies	574	Georgie Groves	Senior Ladies
523	Lauren Cowley	Senior Ladies	575	Anna Hardman	Senior Ladies
524	Sara Cowley	Senior Ladies	576	Emma Harmer	Senior Ladies
525	Mariella Craig	Senior Ladies	577	Rebecca Harries	Senior Ladies
526	Ann-Marie Craine	Senior Ladies	578	Mikaela Harrison	Senior Ladies
527	Victoria Crane	Senior Ladies	579	Emma Hartmann	Senior Ladies
528	Fawn Cregeen	Senior Ladies	580	Claire Hawley	Senior Ladies
529	Mia Crellin	Senior Ladies	581	Chloe Heath	Senior Ladies
530	India Crispe	Senior Ladies	582	Keira Heavey	Senior Ladies
531	Jessica Cross	Senior Ladies	583	Bobbie Hemsall	Senior Ladies
532	Evie Crowe	Senior Ladies	584	Laura Hewitt	Senior Ladies
533	Marie Crowe	Senior Ladies	585	Danielle Hill	Senior Ladies
534	Danielle Cummins	Senior Ladies	586	Beth Howarth	Senior Ladies
535	Isla Curphey	Senior Ladies	587	Bethanie Howell	Senior Ladies
536	Emily Dale-Beeton	Senior Ladies	588	Kathryn Hull	Senior Ladies
537	Mary Dashfield	Senior Ladies	589	Rebecca Hutton	Senior Ladies
538	Chelsea Davies	Senior Ladies	590	Sammi Hurd	Senior Ladies
539	Karen Davies	Senior Ladies	591	Megan Hurst	Senior Ladies
540	Caitlin Devlin	Senior Ladies	592	Rachel Husband	Senior Ladies
541	Leah Diamond	Senior Ladies	593	Caitlin Hutton	Senior Ladies
542	Shannon Diamond	Senior Ladies	594	Gemma Hutton	Senior Ladies
543	Gemma Dickaty	Senior Ladies	595	Maria Hutton	Senior Ladies
544	Charlie Dickinson	Senior Ladies	596	Ellie Jackson	Senior Ladies
545	Jessica Dolman	Senior Ladies	597	Julie Jaiyen	Senior Ladies
546	Caitriona Dooley	Senior Ladies	598	Anna James	Senior Ladies
547	Caitlin Dowds	Senior Ladies	599	Sophie Jane	Senior Ladies
548	Sophie Dransfeld	Senior Ladies	600	Laura Jennings	Senior Ladies

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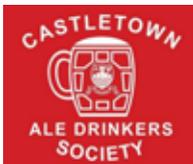


Race			Race		
No.	Name	Category	No.	Name	Category
696	Louise Wright	Senior Ladies	749	Paul Dransfield	Veteran Men
697	Victoria Wylde	Senior Ladies	750	Peter Duchars	Veteran Men
698	Francesca Zarrillo	Senior Ladies	751	Ben Dutnall	Veteran Men
699	Colm Andrew	Veteran Men	752	Kristian Edwards	Veteran Men
700	Jonathan Ayres	Veteran Men	753	Sean Ellis-Kneen	Veteran Men
701	Scott Bailey	Veteran Men	754	Alex Ellis	Veteran Men
702	Stephen Baines	Veteran Men	755	Brandon Ellis	Veteran Men
703	Ian Barnes	Veteran Men	756	David Evans	Veteran Men
704	Nick Barnes	Veteran Men	757	Martyn Everest	Veteran Men
705	Mike Barratt	Veteran Men	758	Dominic Facchino	Veteran Men
706	Andy Baxendale	Veteran Men	759	Ian Fayle	Veteran Men
707	David Becker	Veteran Men	760	Chris Fells	Veteran Men
708	Erich Beil	Veteran Men	761	John Ferguson	Veteran Men
709	Dave Bennett	Veteran Men	762	Steve Fletcher	Veteran Men
710	Gerald Best	Veteran Men	763	Steven Fox	Veteran Men
711	Shaun Bevan	Veteran Men	764	Robert France	Veteran Men
712	Nick Blackburn	Veteran Men	765	Colin Freeman	Veteran Men
713	Andrew Brearley	Veteran Men	766	Nathan Fryer	Veteran Men
714	David Brewster	Veteran Men	767	Scott Gallacher	Veteran Men
715	Marc Bridson	Veteran Men	768	Tony Garratt	Veteran Men
716	Andrew Brooks	Veteran Men	769	Raafat Gendy	Veteran Men
717	Phil Brown	Veteran Men	770	Dean Gilbert	Veteran Men
718	Nick Busby	Veteran Men	771	Gareth Gore	Veteran Men
719	Jeffrey Butler	Veteran Men	772	Michael Grant-Adamson	Veteran Men
720	David Callin	Veteran Men	773	Norman Greenhalgh	Veteran Men
721	Gavin Callow	Veteran Men	774	Simon Gubby	Veteran Men
722	Peter Callow	Veteran Men	775	Vivek Gupta	Veteran Men
723	Matthew Carter	Veteran Men	776	Geoff Hain	Veteran Men
724	Bradley Chambers	Veteran Men	777	Chris Hall	Veteran Men
725	Gary Chambers	Veteran Men	778	Richard Hall	Veteran Men
726	Neal Champion	Veteran Men	779	Steve Hands	Veteran Men
727	Anthony Churchill	Veteran Men	780	Brendan Harrison	Veteran Men
728	Dave Clarke	Veteran Men	781	Craig Hartmann	Veteran Men
729	James Cochran	Veteran Men	782	Nick Haxby	Veteran Men
730	David Codinha	Veteran Men	783	Joe Heaton	Veteran Men
731	Gary Conwell	Veteran Men	784	Neil Helmer	Veteran Men
732	Rob Coole	Veteran Men	785	Damian Henderson	Veteran Men
733	Ian Corlett	Veteran Men	786	William Higgins	Veteran Men
734	Robert Corrin	Veteran Men	787	Mark Higginson	Veteran Men
735	Colin Cowley	Veteran Men	788	Andrew Hockaday	Veteran Men
736	John Cowley	Veteran Men	789	Bryan Horne	Veteran Men
737	James Craig	Veteran Men	790	John Hotchkiss	Veteran Men
738	Scotty Craig	Veteran Men	791	Jay Houghton	Veteran Men
739	Alan James Crebbin	Veteran Men	792	Boetje Huliselan	Veteran Men
740	Mike Cronin	Veteran Men	793	Steve Hull	Veteran Men
741	Andrew Crooks	Veteran Men	794	Paul Howard Jones	Veteran Men
742	Colin Crooks	Veteran Men	795	Edward Joyce	Veteran Men
743	Andrew Cubbon	Veteran Men	796	James Karran	Veteran Men
744	Peter Cuckson	Veteran Men	797	Richard Karran	Veteran Men
745	Paul Cunningham	Veteran Men	798	Duncan Kelly	Veteran Men
746	Phil Cuthbert	Veteran Men	799	Gerard Kelly	Veteran Men
747	Patrick Devaney	Veteran Men	800	Neil Kelly	Veteran Men
748	Daniel Dowdall	Veteran Men	801	Simon Kelly	Veteran Men



Race			Race		
No.	Name	Category	No.	Name	Category
802	James King	Veteran Men	855	Jamie Pope	Veteran Men
803	John King	Veteran Men	856	David Prescott	Veteran Men
804	Brett Kitching	Veteran Men	857	Cedric Quayle	Veteran Men
805	Heikki Koistinen	Veteran Men	858	Philip Quirk	Veteran Men
806	John Ladell	Veteran Men	859	Ian Radcliffe	Veteran Men
807	Luke Ladell	Veteran Men	860	Jon Redmond	Veteran Men
808	John Lagardere	Veteran Men	861	Lee Redmond	Veteran Men
809	John Lancaster	Veteran Men	862	Phil Redmond	Veteran Men
810	Robert Lancaster	Veteran Men	863	Daryl Richards	Veteran Men
811	David Land	Veteran Men	864	Mark Roberts	Veteran Men
812	Emmanuel Langsi Kwubuh	Veteran Men	865	Andrew Robinson	Veteran Men
813	Chuen Fai Lau	Veteran Men	866	Andrew Roche	Veteran Men
814	Bernard Leavey	Veteran Men	867	David Rogers	Veteran Men
815	Johnathan Lee	Veteran Men	868	Brian Rooney	Veteran Men
816	Gary Leeming	Veteran Men	869	Paul Ross	Veteran Men
817	David Lester	Veteran Men	870	Gareth Rowlands	Veteran Men
818	Nick Lockley	Veteran Men	871	Paulo Santos	Veteran Men
819	Shaun Loftus	Veteran Men	872	Stephen Savage	Veteran Men
820	Dan Lonergan	Veteran Men	873	Justin Scholz	Veteran Men
821	John Lovelady	Veteran Men	874	Simon Scott	Veteran Men
822	Keith Lowe	Veteran Men	875	Rob Shaw	Veteran Men
823	Colin Mackie	Veteran Men	876	Stephen Shaw	Veteran Men
824	Geoff Makin	Veteran Men	877	Jeffrey Shipperside	Veteran Men
825	Mohammad Mamodesen	Veteran Men	878	Barry Short	Veteran Men
826	Huw Matthews	Veteran Men	879	Jeffrey Silsbey	Veteran Men
827	Stephen May	Veteran Men	880	Mark Simpson	Veteran Men
828	Christopher Mayne	Veteran Men	881	Matthew Slater	Veteran Men
829	Eoin Mc Donald	Veteran Men	882	David Smith	Veteran Men
830	Paul Mc Donald	Veteran Men	883	Orran Smith	Veteran Men
831	Martin Mc guirk	Veteran Men	884	Simon Smith	Veteran Men
832	Glenn McGovern	Veteran Men	885	Neil Stewart	Veteran Men
833	Jason Mckee	Veteran Men	886	Gareth Sutton	Veteran Men
834	Thomas Mcmeiken	Veteran Men	887	Phill Swales	Veteran Men
835	Jonathan McNeill	Veteran Men	888	Martin Swift	Veteran Men
836	Andy Miley	Veteran Men	889	Philip Teare	Veteran Men
837	Tony Mitchell	Veteran Men	890	Ian Thomas	Veteran Men
838	Abdalla Mohamed	Veteran Men	891	Chris Till	Veteran Men
839	Barry Monks	Veteran Men	892	Jonathan Tummon	Veteran Men
840	Howard Montagu	Veteran Men	893	Chris Tyrer	Veteran Men
841	Colin Moore	Veteran Men	894	Neel Umopathy	Veteran Men
842	Gary Moore	Veteran Men	895	Doug Underwood	Veteran Men
843	Gordon Moore	Veteran Men	896	Joannis Vamvakopoulos	Veteran Men
844	Keith Moore	Veteran Men	897	Karel Ver Elst	Veteran Men
845	Kevin Moore	Veteran Men	898	Ian Voortman	Veteran Men
846	Richard Moriarty	Veteran Men	899	Nick Wallinger	Veteran Men
847	Austin Myers	Veteran Men	900	Sean Weir	Veteran Men
848	Paul Naylor	Veteran Men	901	John Whitlow	Veteran Men
849	Simon Pack	Veteran Men	902	Gareth Whorrall	Veteran Men
850	William Paine	Veteran Men	903	Tom Williams	Veteran Men
851	Tim Perry	Veteran Men	904	Paul Williamson	Veteran Men
852	Colin Peters	Veteran Men	905	Carl Wilson	Veteran Men
853	Gary Philpott	Veteran Men	906	John Wilson	Veteran Men
854	Alex Poole-Wilson	Veteran Men	907	John Winter	Veteran Men

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Race No.	Name	Category	Race No.	Name	Category
908	Jeff Woodworth	Veteran Men	931	Toni Bollen	Veteran Ladies
909	Iain Wrigley	Veteran Men	932	Rebecca Botwright	Veteran Ladies
910	Darren Wylde	Veteran Men	933	Marju Bradshaw	Veteran Ladies
911	Cory Addy	Veteran Ladies	934	Erin Bray	Veteran Ladies
912	Meena Aduma	Veteran Ladies	935	Emily Bruce	Veteran Ladies
913	Joanne Aldred	Veteran Ladies	936	Laura Bryson	Veteran Ladies
914	Fiona Alexander	Veteran Ladies	937	Suzanne Burnes	Veteran Ladies
915	Kirsty Arnold	Veteran Ladies	938	Margaret Burns	Veteran Ladies
916	Danielle Atkinson	Veteran Ladies	939	Nucharee Burrige	Veteran Ladies
917	Julie Barker	Veteran Ladies	940	Kate Butler	Veteran Ladies
918	Maxine Barlow	Veteran Ladies	941	Marion Butler	Veteran Ladies
919	Bryony Barron	Veteran Ladies	942	Philippa Byrne	Veteran Ladies
920	Carol Beattie	Veteran Ladies	943	Sarah Cain	Veteran Ladies
921	Amy Beckett	Veteran Ladies	944	Charlotte Caley	Veteran Ladies
922	Ali Bell	Veteran Ladies	945	Helen Caley	Veteran Ladies
923	Helen Berrie	Veteran Ladies	946	Janet Callister	Veteran Ladies
924	Melissa Bills	Veteran Ladies	947	Emma Campbell	Veteran Ladies
925	Shirleyann Blackburn	Veteran Ladies	948	Margaret Campbell	Veteran Ladies
926	Lisa Blackley	Veteran Ladies	949	Veronika Canning	Veteran Ladies
927	Elsbeth Blake	Veteran Ladies	950	Voirrey Cashin	Veteran Ladies
928	Sonia Blake	Veteran Ladies	951	Fran Chambers	Veteran Ladies
929	Lorna Blatcher	Veteran Ladies	952	Sushma Chandra	Veteran Ladies
930	Sigal Blonde	Veteran Ladies	953	Nicola Chatel	Veteran Ladies

# SHARE THE ROAD SAFELY TOGETHER



**DO YOU KNOW WHAT'S AROUND THE NEXT CORNER?**

# FOR EVERYONE'S SAFETY THINK AHEAD!



Race			Race		
No.	Name	Category	No.	Name	Category
954	Sarah Christian	Veteran Ladies	993	Emma Dunn	Veteran Ladies
955	Jennifer Christie	Veteran Ladies	994	Grace Eames	Veteran Ladies
956	Diane Clarke	Veteran Ladies	995	Rachel Edmunds	Veteran Ladies
957	Lisa Clothier	Veteran Ladies	996	Christine Evans	Veteran Ladies
958	Lesley Clyde	Veteran Ladies	997	Chrissie Eve	Veteran Ladies
959	Maria Coldwell	Veteran Ladies	998	Gemma Faragher	Veteran Ladies
960	Susan J Collins	Veteran Ladies	999	Claire Feather	Veteran Ladies
961	Suzanne Collister	Veteran Ladies	1000	Jen Fells	Veteran Ladies
962	Aimie Coole	Veteran Ladies	1001	Donna Fielding	Veteran Ladies
963	Charlene Cooper	Veteran Ladies	1002	Amy Fisher	Veteran Ladies
964	Anne Corrigan	Veteran Ladies	1003	Nicole Fisher	Veteran Ladies
			1004	Julie Fletcher	Veteran Ladies
			1005	Sue Flowers	Veteran Ladies
			1006	Helen Fowden	Veteran Ladies
			1007	Kathryn Fowler	Veteran Ladies
			1008	Jenny Foy	Veteran Ladies
			1009	Janet Gale	Veteran Ladies
			1010	Katherine Garrood	Veteran Ladies
			1011	Sylvie Geal-Wilkes	Veteran Ladies
			1012	Clare Gelder	Veteran Ladies
			1013	Sharon Gelling	Veteran Ladies
			1014	Cheryl Goldsmith	Veteran Ladies
			1015	Judith Gore	Veteran Ladies
			1016	Caroline Gosnell	Veteran Ladies
			1017	Rachel Grace	Veteran Ladies
			1018	Cath Green	Veteran Ladies
			1019	Anna Grobelna	Veteran Ladies
			1020	Lucy (rowan) Grundey	Veteran Ladies
			1021	Claire Hamer	Veteran Ladies
			1022	Kellie Hands	Veteran Ladies
			1023	Carolanne Hanley	Veteran Ladies
			1024	Claire Hardman	Veteran Ladies
			1025	Caroline Harris	Veteran Ladies
			1026	Kelly Hathiramani	Veteran Ladies
			1027	Jodie Hazell	Veteran Ladies
			1028	Michelle Hill	Veteran Ladies
			1029	Sarah Hitchen	Veteran Ladies
			1030	Nicola Hockaday	Veteran Ladies
			1031	Cathy Holland	Veteran Ladies
			1032	Donna Hotchkiss	Veteran Ladies
			1033	Jennifer Houghton	Veteran Ladies
			1034	Lara Inskip	Veteran Ladies
			1035	Bal Jandu	Veteran Ladies
			1036	Diane Jerram	Veteran Ladies
			1037	Emma Jones	Veteran Ladies
			1038	Sandra Kaighin	Veteran Ladies
			1039	Kathleen Kammerer	Veteran Ladies
			1040	Karolina Karch	Veteran Ladies
			1041	Vicki Keeney	Veteran Ladies
			1042	Annette Kelly	Veteran Ladies
			1043	Karen Kelly	Veteran Ladies
			1044	Katie Kelly	Veteran Ladies
			1045	Lauren Kelly	Veteran Ladies
965	Brigid Corrin	Veteran Ladies			
966	Nuala Corrin	Veteran Ladies			
967	Natasha Cowell	Veteran Ladies			
968	Michaela Cowley	Veteran Ladies			
969	Suzanne Cregeen	Veteran Ladies			
970	Leanne Crellin	Veteran Ladies			
971	Tracey Crennell	Veteran Ladies			
972	Sarah Cringle	Veteran Ladies			
973	Laura Crocker	Veteran Ladies			
974	Samantha Crookall	Veteran Ladies			
975	Jade Crosbie	Veteran Ladies			
976	Leigh Cubbon	Veteran Ladies			
977	Roseanna Dale	Veteran Ladies			
978	Jo Davies	Veteran Ladies			
979	Georgie Dempsey-Moore	Veteran Ladies			
980	Dee Dentith	Veteran Ladies			
981	Julie Devaney	Veteran Ladies			
982	Michelle Dickaty	Veteran Ladies			
983	Jacy Dickerson	Veteran Ladies			
984	Kayleigh Dodds	Veteran Ladies			
985	Lisa Domer	Veteran Ladies			
986	Mary Jane Douglas	Veteran Ladies			
987	Joanne Dransfield	Veteran Ladies			
988	Elly Duchars	Veteran Ladies			
989	Emma Dudgeon	Veteran Ladies			
990	Val A Duggan	Veteran Ladies			
991	Claire Duke	Veteran Ladies			
992	Christine Duncan	Veteran Ladies			

**At night be bright walker and support crew too! Reflective bibs are compulsory after Ballaugh (although recommended to be worn at all times). After 21.30 walkers must also display an illuminated light source visible from both front and back.**



ISLE OF MAN  
**SKIN CANCER  
SUPPORT GROUP**

# KEEPING YOUR SKIN SAFE DURING THE PARISH WALK

You can help protect your skin during  
the Parish Walk by doing the following:



## WEAR A HAT, SUNGLASSES & PROTECTIVE CLOTHING

use  
**WATER-RESISTANT  
SUNSCREEN**

with an SPF of  
50 or higher



**REAPPLY  
SUNSCREEN**

every 2 hours or more  
regularly when you are  
working up a sweat

walk on the  
**SHADY SIDE  
OF THE ROAD**  
if safe and  
possible  
to do so



Did you know  
having **5 or more  
sunburns doubles  
your risk for  
melanoma?**

For more information, or for support, please  
email us at [skincancersupport@gov.im](mailto:skincancersupport@gov.im)



Race			Race		
No.	Name	Category	No.	Name	Category
1046	Maura Kelly	Veteran Ladies	1085	Adele Quinn	Veteran Ladies
1047	Lindsey Kernan	Veteran Ladies	1086	Dawn Quinney	Veteran Ladies
1048	Fatima Khiri	Veteran Ladies	1087	Rachel Quirk	Veteran Ladies
1049	Amy Killip	Veteran Ladies	1088	Stacey Rao	Veteran Ladies
1050	Maddy King	Veteran Ladies	1089	Vicki Rawlinson	Veteran Ladies
1051	Elizabeth Kinrade	Veteran Ladies	1090	Emma Read	Veteran Ladies
1052	Joanne Kneen	Veteran Ladies	1091	Rebecca Reynolds	Veteran Ladies
1053	Maxine Lace	Veteran Ladies	1092	Julia Richardson	Veteran Ladies
1054	Kim Lambden - MacGregor	Veteran Ladies	1093	Rebecca Richardson	Veteran Ladies
1055	Marlène Lelubez	Veteran Ladies	1094	Caroline Robinson	Veteran Ladies
1056	Melissa Lines	Veteran Ladies	1095	Demelza Robinson	Veteran Ladies
1057	Emma Lui	Veteran Ladies	1096	Sally Rothwell Caley	Veteran Ladies
1058	Elaine Macaulay	Veteran Ladies	1097	Clare Rundle	Veteran Ladies
1059	Amber Macdonald	Veteran Ladies	1098	Yanisa Sananueah	Veteran Ladies
1060	Sheryl Macleod	Veteran Ladies	1099	Tracey Sanderson	Veteran Ladies
1061	Agata Maliszak	Veteran Ladies	1100	Wendy Sayer	Veteran Ladies
1062	Natalie Maybin	Veteran Ladies	1101	Sharon Scholz	Veteran Ladies
1063	Fiona Mc Donald	Veteran Ladies	1102	Amanda Sealey	Veteran Ladies
1064	Lisa McDonald	Veteran Ladies	1103	Sinead Sharkey	Veteran Ladies
1065	Danielle Mellor	Veteran Ladies	1104	Ealee Sheard	Veteran Ladies
1066	Sharon Mellor	Veteran Ladies	1105	Jeanette Sheridan	Veteran Ladies
			1106	Michelle Sherry	Veteran Ladies
			1107	Kathryn Shipsides	Veteran Ladies
			1108	Agata Sikorska	Veteran Ladies
			1109	Hannah Simpson	Veteran Ladies
			1110	Carol Smith	Veteran Ladies
			1111	Katy Smith	Veteran Ladies
			1112	Mary Smith	Veteran Ladies
			1113	Sally Smith	Veteran Ladies
			1114	Sue Staley	Veteran Ladies
			1115	Jenifer Stanley	Veteran Ladies
			1116	Laura Stanley	Veteran Ladies
			1117	Ally Stennett	Veteran Ladies
			1118	Sinead Stevenson	Veteran Ladies
			1119	Louise Stewart	Veteran Ladies
			1120	Charlotte Sutherland	Veteran Ladies
			1121	Gael Sutton	Veteran Ladies
			1122	Lucy Swift	Veteran Ladies
			1123	Rachael Taggart	Veteran Ladies
			1124	Elise Taisia	Veteran Ladies
			1125	Lisa Louise Taylor	Veteran Ladies
			1126	Clare Teare	Veteran Ladies
			1127	Jenny Teare	Veteran Ladies
			1128	Nelsy Temporaza	Veteran Ladies
			1129	Sharon Thomas	Veteran Ladies
			1130	Penny Thursfield	Veteran Ladies
			1131	Love Tibungcog	Veteran Ladies
			1132	Sally Trimble	Veteran Ladies
			1133	Michelle Turner	Veteran Ladies
			1134	Anre Walker	Veteran Ladies
			1135	Pauline Walters	Veteran Ladies
			1136	Caroline Wardle	Veteran Ladies
			1137	Kym Wardle	Veteran Ladies
1067	Danièle Michelin	Veteran Ladies			
1068	Liene Mihejeva	Veteran Ladies			
1069	Diane Mitchell	Veteran Ladies			
1070	Marie Morgan	Veteran Ladies			
1071	Aleksandra Obcowska	Veteran Ladies			
1072	Katarzyna Obcowska	Veteran Ladies			
1073	Karen Odonnell	Veteran Ladies			
1074	Amy Parkes	Veteran Ladies			
1075	Alison Pickett	Veteran Ladies			
1076	Sree Polavaram	Veteran Ladies			
1077	Debra Pope	Veteran Ladies			
1078	Liene Prizeva	Veteran Ladies			
1079	Rachel Proctor	Veteran Ladies			
1080	Elaine Quaggan	Veteran Ladies			
1081	Sharon Quaggan	Veteran Ladies			
1082	Lynne Quayle	Veteran Ladies			
1083	Rebecca Quayle	Veteran Ladies			
1084	Victoria Quayle	Veteran Ladies			

**If you retire at a church your timing strip will be cut through the middle to disable it.**

**If you stop en-route to a church then simply remove the front number and cut through the timing strip and send a text to 07624 316385 to let us know that you have retired.**

Race			Race		
No.	Name	Category	No.	Name	Category
1138	Barbara Watt	Veteran Ladies	2037	Tyler Roche	Under 21 Men
1139	Shona Webster-Smith	Veteran Ladies	2038	Callum Salter	Under 21 Men
1140	Steph Whitehead	Veteran Ladies	2039	Ben Shimmim	Under 21 Men
1141	Ann Wilcox	Veteran Ladies	2040	Caleb Slater-Kinghorn	Under 21 Men
1142	Anna Wilcox	Veteran Ladies	2041	Adam Smethurst	Under 21 Men
1143	Terri Wilcox	Veteran Ladies	2042	Robert Teare	Under 21 Men
1144	Maria Williams	Veteran Ladies	2043	Vineeth Saren Umapathy	Under 21 Men
1145	Anna Wilson	Veteran Ladies	2044	Bobby Wyld	Under 21 Men
1146	Bridget Wilson	Veteran Ladies	2045	Catreenev Ayres	Under 21 Ladies
1147	Emma Wilson	Veteran Ladies	2046	Morgan Burns	Under 21 Ladies
1148	Alexandra Wise	Veteran Ladies	2047	Eryn Byrne	Under 21 Ladies
1149	Sally Woodhouse	Veteran Ladies	2048	Darcy Cain	Under 21 Ladies
1150	Rachel Woodiwiss	Veteran Ladies	2049	Rachel Callow	Under 21 Ladies
1151	Stephanie Woods	Veteran Ladies	2050	Erin Corkill	Under 21 Ladies
1152	Chrissy Woodward	Veteran Ladies	2051	Freya Corrin	Under 21 Ladies
1153	Faith Woolf	Veteran Ladies	2052	Georgia Cowley	Under 21 Ladies
1154	Wai Yee	Veteran Ladies	2053	Isabela Cuthbert	Under 21 Ladies
2001	Charlie Bell	Under 21 Men	2054	Elizabeth Davies	Under 21 Ladies
2002	Tomas Brown	Under 21 Men	2055	Abbie Edwards	Under 21 Ladies
2003	Connor Cain	Under 21 Men	2056	Emily Faragher	Under 21 Ladies
2004	Harvey Callister	Under 21 Men	2057	Courtney Gregory	Under 21 Ladies
2005	William Clague	Under 21 Men	2058	Maisie Halsall	Under 21 Ladies
2006	Tom Close	Under 21 Men	2059	Lauren Haxby	Under 21 Ladies
2007	Matt Coolil	Under 21 Men	2060	Macy Hillier	Under 21 Ladies
2008	Harry Corkish	Under 21 Men	2061	Abbie Legat	Under 21 Ladies
2009	Jack Corran	Under 21 Men	2062	Katie Lovelady	Under 21 Ladies
2010	Vannin Coulter	Under 21 Men	2063	Madison McMullan	Under 21 Ladies
2011	Harry Cowley	Under 21 Men	2064	Sian Morgan	Under 21 Ladies
2012	Tom Creer	Under 21 Men	2065	Courtney Oates	Under 21 Ladies
2013	Kyle Crellin	Under 21 Men	2066	Jessie Owen	Under 21 Ladies
2014	Sam Cunningham	Under 21 Men	2067	Catherine Perry	Under 21 Ladies
2015	Cian Dickinson	Under 21 Men	2068	Alisia Pickett	Under 21 Ladies
2016	Harvey Douglas	Under 21 Men	2069	Regan Pope	Under 21 Ladies
2017	Joshua Dudley	Under 21 Men	2070	Maeve Quay	Under 21 Ladies
2018	Robert Farnworth	Under 21 Men	2071	Holly Roberts	Under 21 Ladies
2019	Thomas Giddins	Under 21 Men	2072	Emma Rothwell Caley	Under 21 Ladies
2020	Rian Gilbert	Under 21 Men	2073	Cody Smith	Under 21 Ladies
2021	Jamie Gorry	Under 21 Men	2074	Emma Smith	Under 21 Ladies
2022	Jack Keelan	Under 21 Men	2075	Natalie Smith	Under 21 Ladies
2023	Daniel King	Under 21 Men	2076	Lottie Stennett	Under 21 Ladies
2024	Oscar Lace	Under 21 Men	2077	Dulcie Teare	Under 21 Ladies
2025	Ben Leith	Under 21 Men	2078	Hannah Walters	Under 21 Ladies
2026	Brayden Masterson	Under 21 Men	2079	Jemima White	Under 21 Ladies
2027	Noah Mayne	Under 21 Men			
2028	Craig Mcfee-Bell	Under 21 Men			
2029	Sean Miller	Under 21 Men			
2030	Josh Modin	Under 21 Men			
2031	Ben Morris	Under 21 Men			
2032	Finn Murphy	Under 21 Men			
2033	Rory Nelson	Under 21 Men			
2034	Joseph Quinn	Under 21 Men			
2035	Jake Richmond	Under 21 Men			
2036	William Robertson	Under 21 Men			

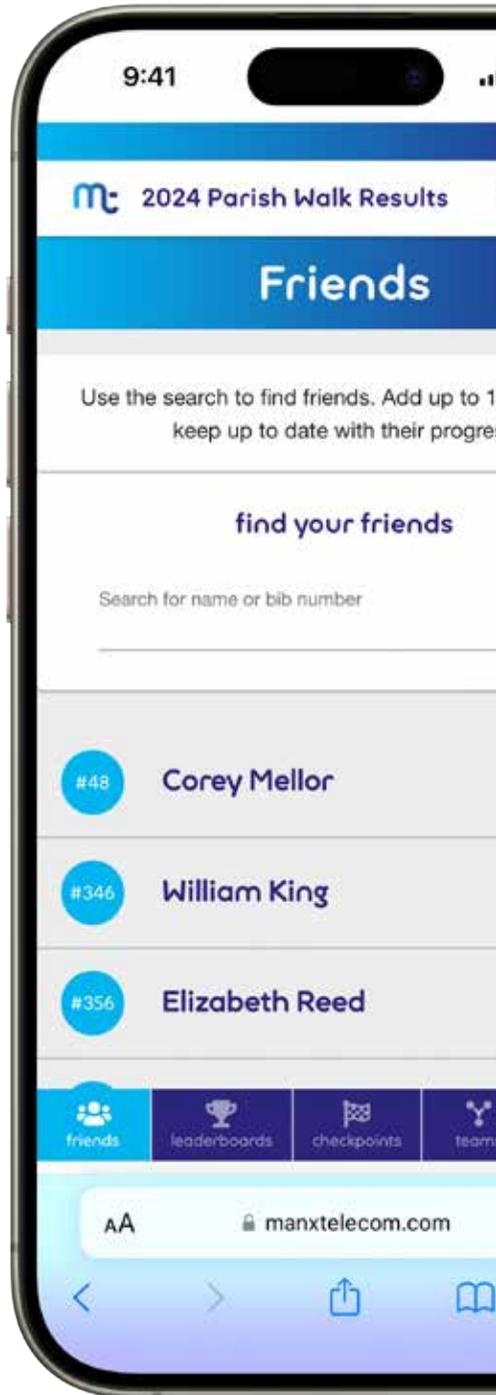
**PROVISIONAL DATES  
FOR 2025  
Saturday/Sunday  
21st/22nd June**

# follow your friends and family using your smartphone

Visit [parishtiming.manxtelecom.com](https://parishtiming.manxtelecom.com) on your tablet or smartphone to follow competitors during the event.

You can also view continuous video coverage from both Peel and the Finish.

- See the latest positions for the top male, female and under 21 competitors.
- Add 'Favourites' to your live timing screen to get the latest updates on your chosen competitors.
- Access social media feeds for the Parish Walk directly from the timing page.





**DOUGLAS**

PERSONAL BEST: **TBC**

Apple Watch Series 9

Available from £15 per month



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YOUR  
BEST.**

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